



L S K C

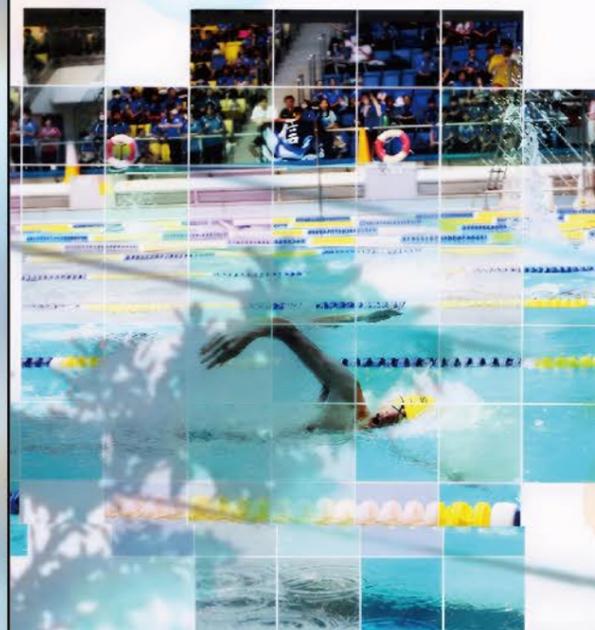
校刊編輯委員會：  
顧問：校長楊文德博士  
統籌：宣傳及推廣組  
總編輯：梁騰鋒老師  
學生編輯：2A黃雅茵  
2A梁天盈 2B胡曉盈  
2C郭星語 2C劉展宏  
4C鄧梓軒 4C周美茜  
4D曾凱儀 4D蔡俊燁  
4D徐佳怡  
學生記者：5B冼桐宇  
5D陳佩琦  
封面設計：5D陳心儀



Shun Tak Fraternal Association  
Lee Shau Kee College  
順德聯誼總會李兆基中學

# 校刊

school  
magazine



2024-2025



# 順德聯誼總會 屬校校歌

壯麗中等速

陳荊鴻作詞  
黃友棣作曲

青雲遠接，香海揚芬。育才興學，愛眾親仁。

文采鍾靈於鳳山兮，易地彌親。文采鍾靈於鳳山兮，易地彌親。

樂群敬業，誼重情殷。造福社會，立己立人。

校訓

陳荊鴻

# 信忠行文

何竹平淺釋

信	忠	行	文
是要	是要	是要	是要
誠實互敬	勤懇負責	循規蹈矩	多聞好學



## 辦學團體簡介 - 順德聯誼總會

順德在珠江三角洲中部。東達番禺，北接南海，西南毗鄰新會和江門，東南接壤中山，總面積達八百平方公里。距離廣州市十公里，香港六十九海里。是中國南部魚米水鄉，一向民風淳樸，重學尊賢。

香港在一八四二年開埠以後，便有順德人到港謀生，百多年來，旅港邑人數日漸增。在一九四七年組成「順德聯誼總會」，目的在聯絡鄉親，敦睦鄉誼，辦理慈善事業，興辦教育，服務桑梓。

本會會徽，也就順理成章地以順德的界域作為標誌。順德的界域最重要的四樣事物並列。一是「青雲塔」，是大良境內「鳳城雙塔」的其中一座，是順德的文化象徵；另外三物是與順德經濟有關的。順德的特色是「桑基魚塘」，所以徽內有塘魚、蠶絲和糖廠。順德是處在珠江三角洲中心，河道縱橫，前人利用河網地帶有利條件，築成河塘，又為了防水患，修高圍基。農民利用池塘養魚，基面種植作物，如桑樹，竹蔗，果樹等，農民亦摘桑養蠶，故繅絲業因而興起。直至今日，工業更趨多元化發展，所以順德富庶繁榮，工業發達。



## Principal's Message

### Dear Lee Shau Kee College Community,

It is both an honor and a privilege to serve as the fifth Principal of Lee Shau Kee College. As I reflect on my first year in this role, I am deeply grateful for the shared journey we have undertaken—one marked by growth, achievement, and collective dedication.

LSKC's legacy of nurturing responsible citizens and future leaders is a testament to the strong foundation laid by our predecessors. Our students' accomplishments, both past and present, reflect the unwavering commitment of our entire community—the IMC, our devoted staff, hardworking students, supportive parents, and proud alumni. Together, we have overcome challenges, celebrated milestones, and cultivated a dynamic learning environment that truly embodies the spirit of LSKC.



To our dedicated teachers, I extend my heartfelt appreciation. Your passion, creativity, and tireless efforts inspire our students daily, shaping not only their academic success but also their character and values.



This year, our students have shone brightly across academic and co-curricular domains. Many students have attained outstanding results in regional competitions and examinations—a testament to their diligence and intellectual curiosity. Beyond academics, their talents have flourished in sports, arts, and leadership initiatives, showcasing the diverse strengths of our LSKC family. Each achievement, whether on the field, on stage, or in service to others, reinforces the vibrant spirit of our community.

The 2024-25 academic year also saw the successful organization of overseas study tours and cultural exchanges, made possible by the steadfast support of the IMC, staff, parents, and stakeholders. These experiences have been transformative, equipping our students with self-discipline, teamwork, and global perspectives—essential qualities for future leaders. Witnessing their growing independence, confidence, and maturity has been one of the most rewarding aspects of this year.





## Principal's Message

To our students: Your resilience, curiosity, and commitment to excellence inspire us all. You are the heart of LSKC, and your efforts today lay the groundwork for a tomorrow filled with promise. Embrace challenges as opportunities, pursue your passions with courage, and never underestimate the impact of your contributions.

As we look ahead, let us continue to uplift one another, celebrate our collective achievements, and strive for even greater heights. Together, we will ensure that LSKC remains a beacon of learning, innovation, and community. Thank you for your trust, collaboration, and shared vision. Here's to another year of growth and success!

**Warm regards,**

**Dr. Yeung Man-tak**

Principal, STFA Lee Shau Kee College



## 學校簡介

### 校舍設備完善

- 校舍佔地六萬平方呎
- 禮堂、全校課室、特別室、圖書館均有空調設備
- 禮堂增設大型液晶顯示牆，全校課室皆有大尺寸高解像電子白版或智能電視機供教學用，並鋪設有線及無線電腦網絡，連繫互聯網
- 電腦化圖書館擁有超逾三萬冊中英文圖書，並有學習用電腦光碟可供借閱
- 多媒體學習中心，儀器先進，設備齊全
- 可供課堂使用及課餘訓練之游泳池一座
- 學校加建工程完成，課室數目增加，用地更見寬敞。又添加升降機、學生活動中心、會議室等設施
- 增建圖書館大樓，上附天台花園、下設學生活動場所
- 在圖書館大樓天台空中花園增添「兆基中藥園」
- 增設體適能訓練中心，加強訓練學生體能
- 增設Chill輕Zone給予學生悠閒空間進行棋盤遊戲、紙牌遊戲，讓學生紓緩壓力情緒，身心得以放鬆
- 設有英語學習角



### 專業老師團隊

- 大學學位：100%
- 認可教育文憑：87%
- 碩士或以上學歷：48%
- 本校全體教師已參與由教育局舉辦的國家安全教育教師工作坊，學校亦安排不同主題的國家發展講座，讓教師接觸國家安全教育及國家最新發展。並踴躍參加各式研討會或進修課程
- 多位資深老師於公開教育專業講座中應邀擔任主講嘉賓
- 多位老師榮膺傑出教師



# Administrative Departments

## Academic Department

### Members

Leung KP (VP), Hui CK (AP), Chung KL, Ko KK (AP), Wong MT, Chang KS, Wong YY, Kei KY, Koo SY

### Introduction

The work of the Academic Department is critical to the success of the school's educational programs. Our primary objective is to provide a high-quality academic program that prepares students for success in their future endeavors. To achieve this, we must work collaboratively with other departments to create a supportive learning environment that fosters academic achievement and personal growth in our students.

### Activities

- Introduction to Reading Scheme and Pre-S.1 Attainment Test
- F.1 Adaptation Week Program – Note Taking Skills
- Language Across Curriculum Day
- P.6 Discretion Interview Day
- Internal and External Assessments (TSA, DSE, PISA)
- Academic Results Analysis
- F.3 Elective Subject Survey and Talks
- Diversity Learning Grant



Introduction to Reading Scheme and Pre-S.1 Attainment Test



Language Across Curriculum Day



P.6 Discretion Interview Day



F.1 Adaptation Week Program – Note Taking Skills

## Careers & Life Planning Department

Our department is unwavering in its commitment to nurturing students' passions across diverse fields and providing them with opportunities to explore a multitude of career paths. Throughout the year, students of various levels have been invited to partake in an array of engaging and interactive activities curated by our team. Thanks to the invaluable contributions of our cherished alumni and dedicated teachers, students have relished the programs and workshops, gaining meaningful insights that will guide their future endeavors.



F.4-F.5 Students visiting Innovation Bay at Guangzhou



F.4-F.5 Students interning at Hong Kong Shipyard Ltd



F.4 Students visiting Mainland CUHK-SZ School of Medicine



F.5 Students interning in a construction company owned by Dr James TSUI, MH, our alumnus



# Administrative Departments

## Counselling Department

The Counselling Department aims at promoting personal growth, self-awareness and resilience among students plus supporting students in developing healthy relationships and coping strategies for stress and emotional challenges.

We have parent workshops and guided activity periods which are conducted by our school social workers.

Parent workshops offer valuable resources and knowledge for parents, helping them better support their children's development and well-being through positive thinking. Guided activity periods help students to improve communication, reduce stress, and enhance their overall well-being.



Pop-up hot chocolate



Parents Workshop



Guided Activity Period



F1 mentors scheme



Counselling week



Chill zone

## Discipline Department

The Discipline Department plays a vital role in fostering a safe and orderly school environment. Our responsibilities encompass organizing daily morning assemblies to promote unity and discipline among students. By upholding a culture of respect, responsibility and care, students can embark on a rewarding academic journey at LSKC.



Prefect Team Student Leaders



Team Building Activity for F.1 Students



Morning Assembly



F.1 Learning Week in September



F.1 Learning Week - Problem Solving Game



F.1 Learning Week - Group discussion session



# Administrative Departments

## Extra-curricular Activities Department

The main objective of the Extra-curricular Activities (ECA) Department is cultivating students' leadership and diversity of potential by designing and offering students a wide spectrum of extra-curricular activities. ECA Department is divided into several working groups according to the particular duties and responsibilities:

- 1) Student Union
- 2) School Teams (Sports / Academics & Arts)
- 3) House Activities
- 4) Clubs & Societies
- 5) Leadership Trainings, Services Groups & Uniformed Groups

Students were encouraged to participate in the 4 Club Activity Days organised by the ECA Department this year. We hope this will equip them to meet future challenges with confidence.



## General Affairs Department

The General Affairs Team is dedicated to enhancing campus facilities, hygiene standards, and energy conservation. Our main tasks involve organizing administrative work by assigning responsibilities based on team members' strengths and digitizing daily tasks for easier tracking.

In terms of campus maintenance, we report urgent repairs and collaborate with the Education Bureau and contractors to ensure that routine maintenance is conducted, minimizing disruptions.

We organize summer renovation projects, maintain air conditioners, and conduct fire safety inspections. Additionally, we monitor cleaning tasks to quickly address any issues and prevent pest problems.

We also manage the use of facilities for events and ensure that staff and students are supported in accordance with their own, and the school's, needs - thus fostering a positive learning environment.



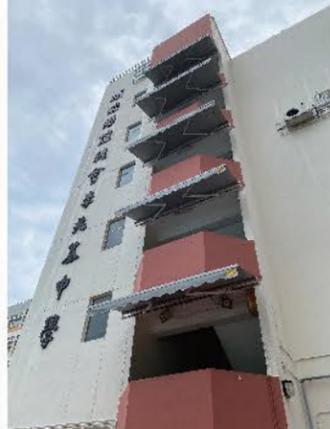
Replacing LED Tubes in all classrooms



Installing awnings at the swimming pool



Rewiring and replacing electrical equipment on the 5th Floor



Installing awnings on the back staircase



Installing Hair Dryers in Changing Rooms



General Affairs Department Members



Installing bird nets outside the hall



# Administrative Departments

## Healthy Campus Department (HCD)

We continue to develop a healthy campus life network by organizing and coordinating various subject groups to promote and advocate student health education. This aims to help students and stakeholders develop healthy living habits, a positive outlook on life values, and good character qualities.

In addition to two physical education lessons per week, the school creates opportunities for regular participation in sports to help students develop a habit of staying active:

### 1. Establishing a Fitness Center and Diversified Regular Team Training

Students can strengthen their bodies and improve their fitness during leisure time through the fitness center and various team training sessions.

### 2. Opening School Facilities

The school facilities are open for students to engage in various sports activities daily before morning assembly, during recess, and lunch breaks.

### 3. Organizing Lunchtime Sports Activities

Activities such as inter-class competitions in football, basketball, handball, volleyball, badminton, and table tennis are held during lunch breaks.

### 4. Introducing Emerging Sports in Physical Education

The PE curriculum has incorporated a diverse range of sports like Tai Chi, bowling, tennis, kin-ball, roundnet, Shaolin martial arts, and modern dance to diversify student experiences.

### 5. Creating a Chill Zone

A "Chill Zone" has been introduced, offering recreational activities in a comfortable space where students can relax, de-stress and "chill-out".

### 6. Collaborating with Professional Organizations

The school organizes various health talks and campaigns to educate students about the dangers of drug abuse and encourage them to say "no to drugs". Large-scale anti-drug and health-themed booth games are held to help students understand healthier and more sustainable lifestyle choices.

### 7. Partnering with the Home Economics Department

Together we organised a "Fruit Month" in order to highlight the importance and value of nutrition thereby fostering good eating habits among students.

### 8. Collaborating with School Social Workers, Counseling Teams, and Learning Support Teams

Appropriate adjustments are made for students in need, with a focus on their mental health and well-being.

9. Participate in the "Seasonal Influenza Vaccination School Outreach (Free) Program" to allow students to receive seasonal influenza vaccines and reduce the risk of flu transmission.

10. Allow eligible high school girls to participate in the "Human Papillomavirus (HPV) Vaccine Catch-Up Program" to protect their health.





# Administrative Departments

## Life-wide Learning Department

The Life-wide Learning Department (LWL) is dedicated to fostering students' holistic development, instilling positive values and attitudes, and nurturing lifelong learning values, which are essential in order for them to thrive in our dynamic society. Throughout the year, the LWL department has organized a diverse range of activities designed to challenge students, enrich their experiential learning, and cultivate resilience.

The Junior Elite Program organized a site visit to Cathay Pacific, providing students with an invaluable opportunity to experience the Flight Simulator and explore the Safety Training Facilities.



Students are encouraged to participate in various Outstanding Students' Award schemes and compete for scholarships to broaden their horizons.

The LWL department actively encourages students to engage in various outstanding student elections and scholarship programs. These activities encompass a range of intelligence training, problem solving competitions, interviews, and more. Through these experiences, students can develop their soft skills and enhance their learning effectiveness in real-world contexts.



The Elite Club is a student society under the LWL department. The Elite IG Weekly Feeds promote engaging fun facts and trivia across various Key Learning Areas (KLAs).



# Administrative Departments

## Parent-Teacher Association

The Parent-Teacher Association (PTA) is the bridge that connects home and school, turning two learning spaces into one supportive community. We welcome parents into our campus life and offer multiple channels for mums and dads to share experiences with their children and to witness daily learning in action.

The PTA acts as a learning hub for parents. By growing alongside our kids, parents model the very habits of lifelong learning we wish to instill. We also partner with teachers to provide comprehensive student support. From mentoring schemes and career days to well-being campaigns, every initiative is co-designed so that home insights and school expertise work towards reinforcing one another. Our shared goal is to cultivate a "Learning Organization" where students, parents and staff all grow together.

Join the PTA and help us weave a seamless safety net of care, encouragement and opportunity around every learner in our school community.



Annual General Meeting and Parents Gathering



Parent-Child Parallel Group



Mini Bazaar



Rice Dumpling Making Workshop



Parent Manager Election 2024-2026



Parent-Child 2 x 100m Relay Race



"Words Heal the Soul" Positive Parenting Workshop



Parent-Child Positive Outdoor Exploration Day: Information Literacy Day Tour



# Administrative Departments

## Media, Communication and Promotion Department

Purpose:

1. Formulate school promotions and publicity strategies enabling the community to have a more comprehensive and positive understanding of our school. This, in turn, enhances our students' love, appreciation and enjoyment of their school life.
2. Organizing "student ambassadors" and training students to participate in promotional activities, for example; swimming day, sports day, parent-teacher gatherings and performing at parent-admission school selection lectures to create a positive campus culture and cultivate students' confidence.
3. The publication team formulates work guidelines, schedules and methods for collecting relevant information for writing school reports and formulating school publications.
4. Updating the school website and using display screens including photos of school activities to highlight the colorful campus life of our school on a regular basis. Overall we strengthen publicity inside and outside the school, enabling more students and parents to have a deeper appreciation of our school.



Opening Ceremony Emcee



Opening Ceremony Performance



Sharing Session Emcee



Admission (25-26) Briefing Session Performance



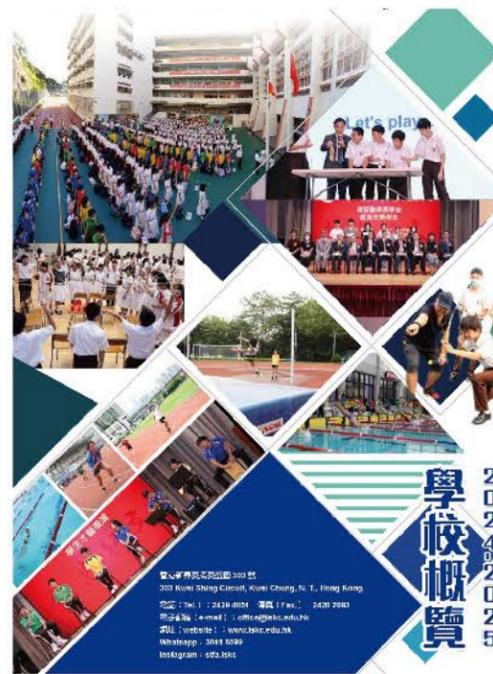
Admission (25-26) Briefing Session Emcee



Sports Day Emcee



Swimming Gala Emcee



Publication Cover



# Administrative Departments

## Library

LSKC School Library

Our school library activities are an engaging and enriching experience for students, designed to foster a love of reading and enhance research skills. Morning reading with e-books allows students to explore stories and informational texts in a quiet, focused setting, building concentration and a love for reading. The introduction of e-magazines has enabled students to access current events and interesting topics that make reading exciting and relevant. Language learning e-books support students in developing new communication skills through interactive lessons, while embedded quizzes provide immediate feedback, helping to reinforce comprehension and retention.

The book sharing competition is an exciting school library activity that builds on students' reading experiences, including morning reading with e-books and other library resources. After engaging in independent reading sessions, students prepare reports to share their insights, summaries, and favorite parts of the books which they explored. This competition encourages them to practice critical thinking and communication skills, thus promoting a deeper understanding of the books they've read.



## Student Learning Support Team

We understand that students with special educational needs (SEN) have diverse learning needs due to their disabilities, learning difficulties and other particular challenges. Our school provides effective support, which requires a personalized approach to address their unique strengths thus enabling them to overcome the various obstacles or barriers they may face on their journey at LSKC.

We provide different types of student support, such as Individualized Education Plans (IEPs), in-class support, teaching assistants' support, differentiated instruction of homework and so-on. Our team also arranges school-based specialist services including educational psychologists, speech therapists and counselors, as well as peer support. Assistive technology such as Speech-to-text software and devices for learning are also being used where needed.

We also give consideration to accommodating individual students' examination requirements in order to provide equitable assessment conditions without giving unfair advantages. The most common accommodations in our school include extra time to complete examinations, separated or quiet rooms, modified papers and the use of assistive technology.





# Administrative Departments

## School Information Management Department

### Empowering Our Digital Campus

The School Information Management Department is dedicated to **cultivating students' information literacy** and **advancing STEM education**. We achieve this by organizing diverse **IT-related activities** and promoting effective **e-learning strategies** that provide balanced learning experiences for our students.

Beyond the classroom, our team provides essential **information technology support** for the entire school. We diligently manage critical resources such as **computer equipment, the PA system, IP phones, Wi-Fi networks, school servers, and CCTV systems**. We are the backbone of our school's digital environment, ensuring seamless operations and a technologically advanced learning space for all members of our school community. Our goal is to equip students with the skills needed to thrive in a rapidly changing world.



Information Literacy Assembly



Students used AI tools to generate an image

### 新媒體素養 - 八項核心價值觀

- 同理關愛
- 自我保護
- 自律節制
- 謹慎交友
- 言論責任
- 明辨真偽
- 誠信守法
- 尊重創意

## Staff Development Department 2024-25

We organised six half-day SD activities over the course of the past academic year.



Jockey Club Cyber Sexual Violence Prevention Scheme - Teacher Training Course



A seminar on "How to protect National Security?" hosted by Rita Fan Hsu Lai-tai (GBM, GBS, JP)



Our Principal Dr. Yeung hosted an External School Review Workshop



EDB Educational Psychologists hosted "Handling students Psychological Health Problems" Workshop



# Administrative Departments

## Values Education Department

The Values Education Department has been proactive in organising diversely themed activities this year, including Chinese culture, social services, civic education, environmental education, and educational assistance in China. Students enthusiastically participated in these activities, which is greatly encouraging.

Our department aims to make participation enjoyable and to foster a spirit of service among students. Through both in-school and out-of-school activities, we hope to establish virtuous morals and values. Furthermore we hope to train students in coordination and organizational skills.

We are confident that all of the measures taken by our department will help our students to become upstanding citizens, willing to serve and take on responsibilities, and ultimately shaping them into the leaders of tomorrow who will serve society with diligence and compassion.



Blood Donation Day



Y park Christmas Tree Sculpture Workshop



Community National Security Education Promotion



Chinese Culture Day



Student Environmental Protection Ambassador (SEPA) Scheme Basic Environmental Badges Training - Field Trip Activity Visit to Clover Seed



Smart cycling promotion vehicle



Inter-House Basic Law and Civic Education Quiz Competition



School Forum



# Activities

## 45th Annual Sports Day

The 45th Annual Sports Day was held on November 11-12, 2025, at Tsing Yi Sports Ground. With wonderful weather and timing, nine records were broken over the two days. To celebrate the 45th year of Sports Day, we invited parents to join us for the 2x100m Parent-Student Relay. Additionally, with the generous support of our colleagues, we had 24 teams participate in the 4x100m Teacher-Student Relay. These elements contributed to the overall success of our Sports Day!



Girls B & C Grade 800m



Boys A Grade High Jump



Girls A Grade Shot Put



Yellow House and the cheering team



# Activities

## 45th Annual Swimming Gala

The 45th Annual Swimming Gala was held on September 12, 2025, at Shing Mun Valley Swimming Pool. This was the first time we had held the Swimming Gala in this indoor venue, and five records were broken in such a perfect setting. Although we were at a new location for the competition, with the kind help and support from the Parent-Teacher Association, all helpers, and swimmers, our 45th Annual Swimming Gala was a great success!



Take your mark



Girls Guide and the Prize Giving Group



Sea Scout, always welcoming our guests with their professional salute

GO!



Computer Recording Team – Soul of our Swimming Gala!



Experienced Organizing Committee – Thanks for your kind help for 5 years!



Position Judge – Professional and happy, well done boys!



Special thanks to the Parent - Teacher Association representatives for being our Guests of Honor over the years!



# Activities

## 2425 LSKC YearBook OLEday

Other Learning Experience

OLE Day emphasizes student learning in real contexts beyond the classroom, which enhances the effectiveness of Value Education and complements KLAs and cross-curricular studies to achieve different learning goals. This year, Form Teachers arranged experiential learning in Arts, STEM, the natural environment, and farming to facilitate students' all-round development as lifelong learners.

### Form 2: Visit to Hong Kong Science and Technology Park, and Museum of Climate Change



### Form 4: Experiential learning in Farming and Plant Craft Making



### Form 1: Visit to Cultural Museum and Chinese Traditional Handicraft Workshop.



### Form 3: Cape D' Aguilar Field Trip



# Activities

## Inter-house Cross Country Competition (環邨跑)

The 45th Annual Swimming Gala was held on September 12, 2025, at Shing Mun Valley Swimming Pool. This was the first time we had held the Swimming Gala in this indoor venue, and five records were broken in such a perfect setting. Although we were at a new location for the competition, with the kind help and support from the Parent-Teacher Association, all helpers, and swimmers, our 45th Annual Swimming Gala was a great success!



House captains with the Principal

F.6 graduates run



F.1 – F.2 boys race



F.1 – F.2 girls race

F.5 – F.6 green house girls



Sea scouts helpers



F.2 girls racing with the Principal, alumni and teachers



House captains with the Principal

F.3 – F.4 boys race winners





# Activities

## School Picnic

School picnics foster communication between students and teachers during activities, helping students develop positive values and attitudes while strengthening bonds among classmates.



F.1 : Po Leung Kuk Jockey Club Tai Tong Holiday Camp



F.2 : Whitehead Barbecue



F.5 : Clearwater Bay Country Park (Tai Au Mun)



F.3 : Tai Lam Country Park (Tai Tong)



F.4 : Tai Mei Tuk

F.6 : Ocean Park



# Activities

## STEM Education

STEAM education is an interdisciplinary approach that integrates Science, Technology, Engineering, Arts, and Mathematics. Unlike traditional education, STEAM emphasizes hands-on, project-based learning to foster critical thinking, creativity, and problem-solving skills. This holistic approach prepares students not just for future careers but also equips them with adaptable skills for a rapidly changing world.

This year, our STEM Education team organized diverse workshops, including Micro:bit Hovercraft, AI Smart City, Generative AI, and Scratch Mini-game sessions. We also joined the ASSETE IT assessment program organised by CUHK. Enrichment extended to two study tours: a 5-day STEM trip to Seoul and a 3-day tour to the mainland.

Our team's innovative 'Smart Toilet for Toddler' product was presented at the Teaching and Learning Expo 2024. Students actively participated in competitions such as the 2025 Asia-Pacific Youth Elite STEM Science Knowledge Competition, the AI Quiz Competition for Secondary School Students 2025, the International Junior Science Olympiad (IJSO) 2025, and the AIGC Digital Creative Competition 2024.

We hope our students will be well-equipped to navigate our rapidly changing world.



Introducing the herbs by the STEM club committee



Our students took part in the Microbit hovercraft competition



Our school was invited to present our STEM product in the Learning and teaching Expo 2024



Visiting Hyundai Museum in Seoul during the STEM study tour



F5 science students joined the Poly U Science Young Talent competition



Generative AI course was held to introduce how to use AI in our projects



# Clubs and Societies

## Aquatic Club

Goldfish possess a history spanning over a thousand years in China, originating during the Song Dynasty. All goldfish worldwide trace their origins back to China. By raising goldfish, students can explore their developmental history and cultural significance, thereby deepening their appreciation of Chinese culture and history.

The establishment of a Chinese Traditional Goldfish Aquatic Society can provide the following benefits to students through the practice of goldfish keeping:

1. Appreciation of Chinese Culture and Art
2. Stress Relief
3. Sense of Responsibility
4. Scientific Education
5. Observational Skills
6. Teamwork
7. Creativity
8. Environmental Awareness
9. Mental Health

These benefits collectively contribute to the holistic development and growth of students.



## Astronomy Club

Our Astronomy Club explores the wonders of the universe through exciting activities. We have explored the Ho Koon Nature Education cum Astronomical Centre, where we delved into the mysteries of stars and planets. We have also visited the Space Museum to enrich our understanding of space science. Join us on this amazing journey through the cosmos!

Visit to the Ho Koon Nature Education cum Astronomical Centre



Visit to the Space Museum



Mastering the "Stellarium" astronomy App for an enriching stargazing experience



# Clubs and Societies

## Chess Club

Teacher Advisors  
Mr Hui Chun Kong, Mr Chui Man Lok

Chairpersons  
3A Lo Tsun Ki Happy, 3B Cheung Yuk Hei

Committee Members:  
2A Chan Ho Hin, 2B Liang Jiahong,  
2C Fan Chun Long, 2C Wan Yuk Kwan,  
2D Li Jiaying, 2D Yip Lam Him,  
3A Chan Suen Ching



Group Champion at the 31st Kwai Tsing District Chinese Chess Competition 2024



Gomoku Competition



UNO Competition



"Heartfelt Connection to the Nation" Chinese Chess Sharing and Competition Organized by Po Leung Kuk



Chinese Chess Competition

- Rummikub Competition
- Friday Regular Gathering

## Chinese Calligraphy Club

Our club has 20 active members and meets every Thursday. Recently, we visited Man Luen Choon, a Chinese cultural and art supplies store in Central. We are also participating in a Chinese calligraphy competition. The Chinese Calligraphy Committee set up a two-day booth near the school entrance during the Chinese New Year. Our goal was to encourage students to express their hopes for the new year by writing spring couplets (Fai Chun).

Teacher Advisor:  
Ms Choi Hoi Ki

Chairperson:  
4A Liu Keyan

Committee:  
4C Zhang Ming Hui  
4C Cheung Hay Ching  
4D Zeng Hoi Yee  
3A Siu Ying  
3C Wong Yuen Hang  
3C Leung Hei Lam



Alumnus, Former Chairperson of the Calligraphy Club



President of the Calligraphy Club



Appreciate the Four Treasures of the Study



Writing spring couplets (Fai Chun)



We have 20 active members



Visiting Man Luen Choon





# Clubs and Societies

## Christian Fellowship

This report outlines our school's Christian Fellowship objectives and activities, providing a supportive spiritual environment for students' faith and personal growth.

### Fellowship Objectives

Our core objectives are:

- Evangelism: Sharing Christ's love and hope with students.
- Spiritual Care: Addressing students' emotional and spiritual needs.
- Becoming Fellow Travelers: Building friendships and supporting each other in faith.

### Activity Overview

Our activities aim to enrich campus life and deepen faith experiences, including:

- Feast Gatherings: Fostering fellowship and building friendship .
- Bible Study: Understanding biblical truths and applying them to our lives.
- Christmas Party & Concert: Celebrating the season and sharing the Christmas message.
- Testimony Film Sharing Sessions: Inspiring reflection on life values.



The Testimony Film Sharing was held on the Club Activity Day

The Christmas concert was held in the school hall

Feast gathering to kick off the new school year

Bible study session during lunch time

Building friendships and supporting each other through playing games

## Creative Computer Club

Do you dream in code, digital art, or podcasting? The Creative Computer Club is your dedicated workshop to bring those ideas to life. We provide a collaborative space where your imagination meets practical, computer-based skills. Best of all, you will be guided by our senior student mentors and teachers, who offer advice and support. Whether you're a complete beginner or a budding tech enthusiast, join us to transform your creative concepts into tangible, exciting projects.



# Clubs and Societies

## Cultural Studies Club

Have you ever wondered why we experience fear when watching horror movies? Is it simply because we are timid? In fact, there are theories that explore the role of pheromones in our emotional responses.

Our club delves into a wide range of topics, including the hidden meanings in Japanese anime and the concept of "Just War." We also collaborate with various activity clubs to enrich our learning experience.

If you are interested in gaining knowledge beyond what textbooks offer, we invite you to join us!



Just War 討論區



與夏果文藝社合辦

## Dance Club

Over the past year, our school dance club has enjoyed an incredible journey! We hosted K-pop dance lessons with a professional instructor, allowing members to learn exciting choreography and enhance their skills. This experience provided a fantastic opportunity for bonding! These activities not only fostered creativity and allowed us to celebrate our passion for dance together, but also promoted a healthy lifestyle and a positive mindset through physical activity and self-expression.





# Clubs and Societies

## Digital media club



Sport event live reporting



3D sculpting



## Drama Club

Through a systematic drama curriculum, students can develop a greater interest in drama while mastering basic knowledge of drama and performance techniques. By engaging in drama games and training, the workshop aims to channel students' energy and creativity into group activities, fostering harmonious interactions within a team setting. The workshop enhances students' communication and expression skills, introduces them to stage techniques, and ultimately allows them to enjoy the fun that drama brings.



# Clubs and Societies

## English Fun and Culture Club

The English Fun and Culture Club invites students to explore the richness of the English language and diverse cultures. Through engaging in a diverse range of activities, members enhance their language skills while making new friends. We provide students with authentic chances to come into contact with various aspects of English culture. Whether you're a language enthusiast or simply looking to have fun, this club offers a welcoming environment to learn, share, and grow. Join us for exciting adventures in language and culture!



F.1 Inter-class Quiz Competition



Club activities day

## Film Club

The Film Club aims to promote movies, introduce various genres from around the world, and encourage students to reflect on various life issues.

Activities are held both inside and outside the school. On school activity days, students can enter the theater to experience the atmosphere, sound effects, and visuals of the films being shown. The large screen, immersive sound, and vibrant color separation provide a completely different experience compared to the small screens of their phones.

This year, the Society was fortunate to obtain free tickets from the "Hong Kong International Film Festival" to watch the Czech film Waves (布拉格自由之音), allowing students to gain insights into the changing situation of 1968 and understand this painful chapter in European history.

Upcoming screenings outside the school include White Bird (奇蹟男孩外傳：白鳥小屋), The Last Dance (破地獄), and Four Trails (香港四徑大步走). These films may explore the painful history of war, Chinese traditions, or the beautiful scenery of Hong Kong, encompassing both distant and local themes, which are key reasons for the establishment of this group.



Four Trails香港四徑大步走 電影海報



VLNY布拉格自由之音 電影海報



Film Club電影學會海報



The Last Dance破地獄 電影海報

26/09 周四	會員大會		60分鐘 STEM
25/10 周五	活動日, 戲院觀賞		
22/11 周五	The Chorus AKA Les Choristes. 2004	亂世之中, 人心何似?	97分鐘 STEM
13/12 周五	Edward Scissorhands. 1990	何謂樂觀?	105分鐘 STEM
7/2 周五	活動日, 戲院觀賞		
7/3 周五	October Sky. 1999	追求夢想, 矢志不渝	108分鐘 STEM
11/4 周五	Triangle 海洋血難? 逃脫三角洲	逃離神話	99分鐘 STEM
2/5 周五	活動日, 戲院觀賞		
6/6 周五	Source Code. 2011	時空之旅, 生命可再?	93分鐘 STEM

2025年度電影學會活動日期及主題



# Clubs and Societies

## Fun Mathematics Club

The Fun Mathematics Club organized a variety of board games, where students were fully engaged and put forth their best efforts to solve problems.



'Smart Farmer'  
Players followed the instructions and placed the fences in different directions across the farm



'Smart Four'  
Players took turns to place the pieces on the board and the first to connect four pieces diagonally, horizontally, or vertically was declared the winner!



'Ubongo 3D'  
Players assembled the blocks into different shapes to create a specific 3D figure

## Hiking Club

The Hiking Club was established in the 2022-2023 school year. The club aims to allow students to experience and appreciate the beauty of nature. Through hiking activities, we encourage students to explore their natural environment and apply classroom knowledge, such as map reading skills from Geography, the classification of animals and plants from Science. Moreover, these activities help cultivate their team spirit, perseverance and willpower among participants.

Tsing Yi Nature Trails



# Clubs and Societies

## Home Economics Club

The Home Economics Club has conducted various activities during Club Activity Days. Members not only learned knitting skills to create scarves for the elderly but also participated in cooking lessons, where they could practice kitchen techniques and special recipes. These activities focused on practical skills while fostering students' interest in the subject.



Students are knitting scarves



Students are making pancakes during the Club Activity Day



A group photo after making the mango sago dessert



The Home Economics Teacher is demonstrating the cooking steps

## Japanese Club

Teacher Advisor: Ms. Kei Kai Yi

Chairperson:

4A Au-Yeung Yuen Chi

4A Cheng Tsung Ki

Committee:

4A Wong Lok Him

4B Law Cherie

4B Lee On Ying

3C Wong Carmen

Description:

With nearly 150 active members, the Japanese Club provides students with meaningful opportunities to explore Japanese culture through a diverse range of activities. These include anime and film appreciation sessions, hands-on experiences such as Daruma doll making, and beginner-level language classes led by professional instructors.



Japanese Anime Movie Appreciation



Japanese Course



Daruma Dolls Workshop



Students' work of Daruma Dolls



Speaking Practices



# Clubs and Societies

## Junior Police Call

Junior Police Call (JPC) at our school is a dynamic program that instills civic responsibility and leadership skills in students. Through a series of engaging activities, workshops, and community service projects, JPC members learn about the importance of law enforcement, crime prevention, and community safety. Join us in shaping responsible and proactive young leaders through the Junior Police Call program.



# Clubs and Societies

## Karate Club

The Karate Club was established in 2024 under the leadership of instructor and coach Mr. Wong Chi Hung Feray. Beyond emphasizing speed, power, and precision, karate also embodies the concept of "Do". Through learning karate-"do," students cultivate martial virtues, perseverance, diligence, and self-identity. Karate instils in them the belief that "anything is achievable" rather than growing up with a "lying flat" mentality. Mastering in martial arts requires consistent effort. The Karate Association holds regular training sessions every Monday from 4:15 to 6:00 PM in Rooms 101-102. Everyone is welcome to participate.



Karate kneeling bow (rei)



Pair/partner drills (kumite)



Individual instructions



Regular training sessions



# Clubs and Societies

## Music Club

Music is not only an ordinary and important way among human beings for communication, emotional and cultural expressions, but it is also crucial for students' intellectual, physical and mental development. Our school provides lots of music activities for students to join.

After-school music activities

- 1) Instrumental ensembles
- 2) Performing choir
- 3) Guitar team

Lunch Concert

- 1) Provide opportunities for students to perform
- 2) Student-based performance

Through the music activities, the students have lots of fun and enrich their music experience.

Teachers-in-charge: Ms Ng Lai Man



Happy moments of students at Lunch Concert



Good show at the Opening Ceremony



After-school music activities - instrumental ensemble



Fun time at after-school music activities

## Speakers League

Established since 2021, Speakers League aims to create an immersive language environment at school and nurture students to be biliterate (i.e. master written Chinese and English) and trilingual (i.e. speak fluent Cantonese, English and Putonghua).

Speakers League pools talented students together and hones their speaking skills in four major areas, namely choral speaking, persuasion and debate, public speaking and emceeing. Through various activities and training workshops, we unlock students' potential as an eloquent and confident speaker.

Being a member of Speakers League, students are given exclusive opportunities to put what they have learnt into practice during major school events.

Ultimately, by providing plenty of intellectual stimulation to students, we hope to arouse students' interest in the world of language and motivate them to explore the beauty of language.



2C班勇奪「學校朗誦節」集誦冠軍



朗誦比賽碩果纍纍



結業禮小組朗誦表演



# Clubs and Societies

## Library Club

Student Librarians play a crucial role not only in daily library operation but also in designing activities that promote reading. Through their service, they learn valuable skills such as teamwork and the spirit of service. The Library often organizes visits to bookstores and exhibitions, helping students broaden their horizons and develop a deeper interest in reading. This experience encourages library assistants to become ambassadors for reading within their school community.



圖書館學會 2024-2025



Library Event:

Movie Screening and Reflection

This year, during the School Activity Day, Student Librarians had the opportunity to watch the movie "Look Back"(驀然回首). Students responded enthusiastically to the screening. After the movie, they were encouraged to write down their thoughts and share their life dreams, engaging in various methods of reading reflection. This activity not only fostered a love for storytelling but also allowed students to connect their personal aspirations with the themes presented in the film, enriching their understanding of both literature and life experiences.

## STAR Club

Star Club is a newly founded school club that provides a platform for students to explore their talents and interests through activities such as diabolo, darts, and kickboxing. These activities give students the opportunity to showcase their hard work through competitions and during the Club Activity Day in July. Not only can students learn a new hobby, but they can also develop interpersonal and communication skills through practice sessions and performances. Our regular board game meet-ups foster meaningful friendships and teamwork among our members. In addition to our regular training and gatherings at school, we recently organized an interschool darts competition with TWGHs Chen Zao Men College. We also encourage our members to strive for excellence, push their limits, and build confidence.





# Clubs and Societies

## UNICEF Club

UNICEF Club holds annual activities to promote children's rights within the school. This year, the theme is "Children's Education and Children's Rights", focusing on the right to education for all children. Student leaders share insights during morning assembly sharing, design booth games, and launch online seminars to communicate this important message, encouraging both teachers and students to engage with social issues.



Morning assemblies sharing



Online seminars



Booth games

## Start-up and Investment Society

Students studying BAFS are selected as the committee members of the Startup and Investment Society.

This society focuses on developing students' business knowledge, skills, and experiences. It involves activities like workshops, business competitions, and visits. It aims to prepare students for future business careers or studies as well as helping students to understand the business world.



Stock Trading Guru is a learning tool, which equips them with essential knowledge of money management and financial planning, and cultivates a positive attitude towards money and saving habits



Exploring entrepreneurship through visiting start-ups and understanding the industry development etc.



Investment simulation game



# Clubs and Societies

## 夏果文藝社

"Medicine, law, business, engineering, these are all noble pursuits, and necessary to sustain life. But poetry, beauty, romance, love, these are what we stay alive for." Dead Poet's Society

電影《Dead Poet's Society》道出文學、詩歌、藝術、美感之必要。「十月花誌」，書寫花草與生命，拼貼獨特的作品；「上環徒步遊與印刻工作坊」，帶學生了解香港的印刷歷史，感受字的重量與溫度並散步上環，尋昔日印刷業痕跡。



## 新漢學學會

新漢學學會在本年度安排不同類型的活動，期望讓學生從中接觸不同類型的中華文化知識，例如舉行製作香包工作坊，又參加香港史學會的荔枝角公園「嶺南之風」導賞活動，了解華南園林建築，舉辦造紙術工作坊，相信同學從中獲益良多。



香包製作及參觀中藥園



造紙術工作坊



文人雅集·嶺南之風園林之旅



# Clubs and Societies

## Visual Arts Club

Last academic year, our Visual Arts Club engaged around 80 active members. We organized an alcohol ink bookmark activity where students created unique patterns using various colored inks and alcohol. Additionally, we held a shrink plastic keychain workshop, allowing participants to draw designs on plastic sheets, color them with oil-based markers, and bake them in an oven to set. We also arranged a visit to the M+ Museum, providing members with the opportunity to explore artworks by diverse artists.



Society Activity Day - Alcohol Ink Bookmarks



Punch Needle Keychains - Sushi



Wonder Beads



Committee Members Chui Long Yan , Lee Ka Kei , Chan Sum Yi , Lee Ka Ki



Fifty members visited the M+ Museum's Picasso for Asia -A Conversation exhibition



# Inter-house activities

LSKC upholds the principles of "all-round and diversified development" all along. Therefore, the development of extracurricular activities is of the utmost importance at LSKC, especially inter-house activities playing a significant role. All teachers and students of LSKC are assigned into four houses in the name of the school motto: "Erudition," "Propriety," "Commitment," and "Honesty.", as house members. Each house is led by two advisors. A student executive committee is formed to coordinate activities, encouraging all house members to actively participate. It aims to discover students' diverse potential, leadership skills, and foster a sense of unity.

**24-25 Erudition (Red House)**  
 Advisors: Mr Wong Ming Chun, Ms Chung King Lam  
 Chairperson: Chan Tsz Ching (5C)  
 Committee members:

- 2A Chan Ying Wai
- 2B Mak Cheuk Kiu
- 3A Cheng Yuen Yung
- 3C Li Yu Hin
- 3D Chan Yuen Ying
- 4B Leung Ka Fung
- 4B Li Sze Hang
- 4D Lam Tsz Ying
- 4D Zeng Hoi Yee
- 5A Kwok Siu Hin
- 5D Wang Yan Lam
- 6A Au Suet Tung
- 6A Lee Tsz Ki
- 6A Kan Chung Yat

RED

**24-25 Commitment (Green House)**  
 Advisors: Ms Chan Siu Mui, Ms Ko Ka Ki Clara  
 Chairperson: Wong Lok Tung (5B)  
 Committee members:

- 2B Hung Ho Ming
- 2C Yip Tsun Yu
- 3B Chan Kit Kwan
- 3B Chu Wai Ka Ellie
- 4A Liu Keyan
- 4A Chan Dam Ming
- 4B Li Tsz Yin
- 4C Cheung Hay Ching
- 4D Chung Wing Hin
- 5B Chung Ka Kiu
- 5B Wong Kin Fung Jack
- 5C Lam Lotte
- 5D Lee Ka Ki
- 6B Cheng Ying Ying
- 6D Tse Yuk Lam

GREEN

**24-25 Propriety (Yellow House)**  
 Advisors: Mr Tsoi Kwan Yin, Ms Lee Yuen Ying  
 Chairperson: Wong Sze Wun (5C)  
 Committee members:

- 2A Tong Man Ki
- 2D Fong Chi Hei
- 3D Cheng Hoi Ying
- 3D Mok Sum Yi
- 4A Mai Xiaoting
- 4A Leung Ka Kiu Cary
- 4B Lee Yuet Hei
- 4C Chan Chun Pang
- 4D Wong Tin Chun
- 5A Chen Hiu Yu
- 5A Weng Jihuan
- 5B Chu Yan Tung
- 5B Wong Mei Gei
- 5B Shing Ji Kiu Preston
- 5D Lui Kim Fung
- 6D Lee Wai Ling
- 6D Wang Chuxin

YELLOW

**24-25 Honesty (blue House)**  
 Advisors: Mr Hui Chun Kong, Mr Chan Wai Ho  
 Chairperson: Ko Tsz Yau (5D)  
 Committee members:

- 3A Yu Yat Tung
- 3C Wong Tsz Kit
- 3D Wen Tsz Hing
- 4A Ng Chau Ying
- 4A Wong Yee Ching
- 4B Lee On Ying
- 4D Kong Ming Hin
- 5A Hau Pak Tung
- 5A Xie Yau Kit
- 5B Kwan Hau Yi
- 5C Lam Pui Ying
- 5C Leung Hoi Tung
- 5C Zhao Tsz Yan
- 5D Ko Tsz Yau
- 6A Lam Chi Yan
- 6A Cheng Chi To

BLUE



# School Teams

## STAR Club Athletics Team

Our school's Athletics Team is one of the traditional strong teams in the Kwai Tsing District. In the last Kwai Tsing District Inter-school Athletics Competition 2024-2025, we won the Girls Overall Champion and the Boys Team Overall 1st-runners up. We have been invited to represent Kwai Tsing District in All Hong Kong Schools Jing Ying Athletics (Team) Tournament for three consecutive years.

If you are energetic, love running and jumping, like track and field sports, and are brave enough to challenge yourself, welcome to join the LSKC Athletics Team family.



Group photo of Boys and Girls



Girls Grade B Overall Champion



Girls Grade C Overall Champion



Girls Overall Champion



Boys Grade A Overall 1st-runner up



Boys Grade B Overall 1st-runner up



Boys Grade C Overall 1st-runner up



# School Teams

## Boys Table Tennis Team

Teacher-in Charge: Mr. Ng Chun Ming

Provide regular training to enhance table tennis skills, foster teamwork and compete in inter-school table tennis tournaments.



Grade A Team members



Grade B Team members



HKSSF Table Tennis Competition Grade A – Doubles



Regular team training



All Hong Kong Schools Jing Ying Table Tennis Tournament – Boys' doubles



HKSSF Table Tennis Competition Grade A – Doubles



HKSSF Table Tennis Competition Grade B – Doubles

### Awards:

- 2024-2025 Kwai Tsing District Inter-School Tennis Competition (Boys Grade A): 3rd Runner up
- 2024-2025 Kwai Tsing District Inter-School Tennis Competition (Boys Grade B): 3rd Runner up

### Competition:

- Kwai Tsing District Inter-School Tennis Competition
- All Hong Kong Schools Jing Ying Table Tennis Tournament
- Hang Seng All Schools Table Table Tennis Championships



# School Teams

## Girls Table Tennis Team

Teacher-in Charge: Mr. Ng Chun Ming

To provide regular training to enhance table tennis skills, foster team spirit, and compete in inter-school table tennis tournaments.

Grade A members:

4C 8 Zhang Man Zi 6D 6 Lee Lok Yan 6B 12 Sze To Cheuk Lam  
6D 9 Ng Tin Lam 6C 11 Ng Lok Ching

Grade B members:

3A 9 Wong Nok Ching 3D 5 Cheung Tsz Yin\*  
3C 12 Yu Xinyan 4A 5 Leung Hiu Laam\*

Grade C members:

1A 13 Wong Tsz Yau 1D 8 Hung Ling Yuet 1B 5 Chui Tsz Nga  
2C 8 Tang Pui Yi 1C 7 Lin Hei Ting

(\*captain)

Awards:

2024-2025 Kwai Tsing District Inter-School Tennis Competition (Girls Grade B):  
1st Runner up



Regular team training



HKSSF Table Tennis Competition Grade B



Table Tennis Team



Grade C Team members



Grade B Team members



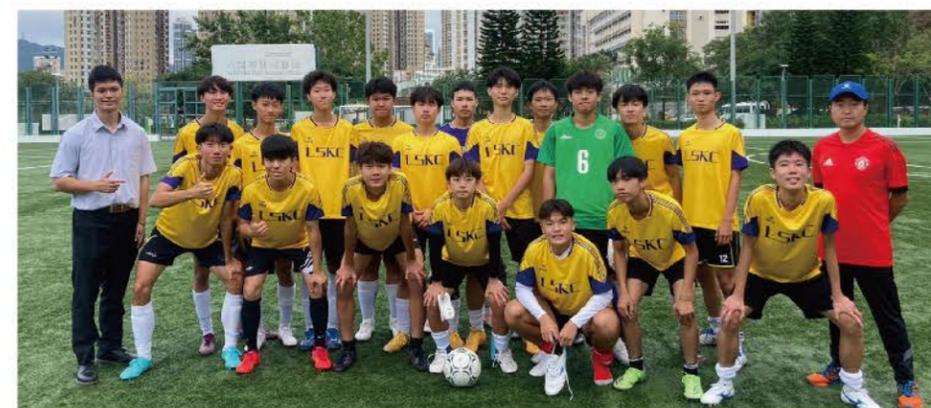
# School Teams

## Football Team

Despite being relegated from Division 1 to Division 2 last year, our football team demonstrated unwavering determination, overcame challenges, and achieved a remarkable comeback. In the 2024/2025 season, our team earned the following accolades:

- Boys' Inter-school Football Competition U19 – 1st Runner-up
- Boys' Inter-school Football Competition U15 – 2nd Runner-up
- Outreaching Coaching Programme – Girls' Futsal Competition U17 – Champion

It is appreciated that all teammates displayed teamwork and unity as they came together with dedication to chase their dream. As a reward, the football team will be promoted back to Division 1 next year, where they will strive to qualify for the prestigious Jing Ying Competition.





# School Teams

## Boys Basketball Team

Boys Basketball Team has been formed for more than 20 years. This school year, we have regular training every Wednesday and Saturday. Our ultimate goal is to advance to Division 1 into Kwai Tsing District and join the Nike All Hong Kong Schools Jing Ying Basketball Tournament. Come and join us!



Boys U15 Competition



A friendly match with Tsuen Wan school



Boys U19 Team



Inter-House Boys Basketball Competition and Re-union with the Old-boys



Boys U 19 Competition



# School Teams

## Girls Basketball Team

2024-2025 Girl Basketball Team

To foster teamwork, enhance skills, and promote sportsmanship while striving for excellence on and off the court.



### Junior form U15

#### Team Members

- 1B 13 Yu Kai Ying Heby
- 2C 2 Chow Yu Ching    1B 4 Chow Fat Lai
- 1B 2 Chan Tin Yu      3A 8 Tsang Tsz Ying
- 3C 1 Hui Wing Laam    2C 6 Ng Mei Lam
- 2D 7 Lam Sze Yuen    3B 1 Chan Kit Kwan

#### Award:

1st runner up in 2024-2025 Inter-School Basketball Competition (Kwai Tsing District)

### Junior form U19

#### Team Members

- 5B 10 Tsoi Long Ching    3D 7 Huang Yuya
- 3B 7 He Shiqing      5B 12 Wong Lok Tung
- 6A 5 Lee Tsz Ki      6B 8 Lee Ka Mei
- 5C 2 Chan Tsz Ching    6B 2 Fan Sze Ki
- 6D 2 Chan Hoi Lam      6D 12 Tse Yuk Lam
- 5D 4 Ko Tsz Yau      3B 11 Su Yingqi





# School Teams

## Boys Volleyball Team

U19 members

- |                      |                        |                     |                      |
|----------------------|------------------------|---------------------|----------------------|
| 5B 16 Choy Tsz Ting  | 4D 22 Wong Ho Him      | 5A 17 Lai Cheuk Yin | 4A 14 Chan Dam Ming  |
| 5C 23 Wong King Kong | 4A 15 Cheng Wing Tai   | 4B 24 Lin Zihao     | 4A 25 Tsang Hin Ho   |
| 4B 26 Mok Wai Kwan   | 4A 16 Cheung Shing Hin | 4D 16 Kong Ming Hin | 3D 30 Yung Tsz Yeung |
| 4D 23 Wong Tin Chun  |                        |                     |                      |

Awards

2024-2025 Kwai Tsing District Inter-School Volleyball Competition (U19, Division I): Champion

2024-2025 ASICS All Hong Kong Schools Jing Ying Volleyball Tournament: Quarter-Finals

U15 members

- |                        |                      |                      |                      |
|------------------------|----------------------|----------------------|----------------------|
| 1B 17 Chan Ngai Long   | 2C 12 Chan Tsz Chun  | 1C 33 Zhong Zhi Hong | 2C 25 Shen Hai Bo    |
| 2A 11 Chan Chun Yu     | 2C 32 Yip Tsun Yu    | 2A 21 Lam Pak Kiu    | 2D 15 Fong Chi Hei   |
| 2A 22 Lam Tsz Long Rex | 2D 24 Li Yuen Hei    | 2A 29 Man Chun Long  | 3B 14 Chan Chun Hong |
| 2A 32 Tsang Chung Ting | 3D 14 Chung Yiu Tung | 2B 20 Li Ho Him      |                      |

Awards

2024-2025 Kwai Tsing District Inter-School Volleyball Competition (U15, Division I): 3rd runner-up



# School Teams

## Girls Volleyball Team

Girls at LSKC always love playing volleyball. We play as a team and participate in various competitions throughout the school year to achieve our goal of joining the All Hong Kong Schools Jing Ying Volleyball Tournament. This year, we successfully achieved our goal and are looking forward to further accomplishments in the upcoming years. Come and join us every Monday and Thursday!



Regular training on every Mon & Thurs



Girls U15 Friendly match



Girls U19 Team friendly match



All Hong Kong Schools Jing Ying Volleyball Tournament 2024-2025



Inter-school Beach Volleyball Competition (NT District)



# School Teams

## Badminton Team

Badminton is known as one of the most beneficial sports. It trains students' reactions, explosive power, sensitivity, and cardiopulmonary endurance. Additionally, it is an indoor sport, unaffected by the weather, allowing for enjoyment during hot summers while exercising. Don't hesitate to join us!

Our teams have won Boys C Grade Overall Champion and Girls A Grade Overall 2nd runner-up this school year.



Girls A Grade Overall 2nd runner-up



Boys C Grade Overall Champion with Parents'support



Boys C Grade Overall Champion

## Cross Country Team

The 2024-2025 Inter-Secondary Schools Cross Country Competition in the Kwai Tsing district, organized by the HKSSF, was successfully held at Tai Lam Country Park (Tai Tong section). Our school team's performance was exceptional, achieving outstanding results in this intense competition. Our girls' team successfully defended the overall championship, winning for the tenth consecutive time since the 2013-2014 school year (with the 2020-2022 events canceled due to the pandemic). Interested students are welcome to join us and run for a healthy life!

### Team Awards

- Overall Girls' Team Champion
- Champion in Girls (Grade C) Team
- Champion in Boys (Grade C) Team
- Fourth Place in Boys (Grade B) Team
- Fifth Place in Girls (Grade B) Team
- Fifth Place in Girls (Grade A) Team



# School Teams

## Fencing Team

The Fencing Team was established in 2021. The team practices diligently and has won several individual and team prizes in the Inter-Secondary Schools Fencing Competition (New Territories) organized by HKSSF over the past few years. In 2024-2025, the boys' epee team reached the quarterfinals, and some students advanced to the quarterfinals in individual competitions. Cheung Long Ching (2D) even won first runner-up in the boys' sabre (Grade C) competition at the Inter-Secondary Schools Fencing Competition (New Territories) 2024-2025.



## Kinball Team

Our team was formed in 2021-2022 by participating in a promotion program sponsored by the Hong Kong Kin-ball Association and the Hong Kong Playing Association. Kin-ball is easy to learn and play, with different commands to call and rules to follow. Therefore, it is a sport that requires a lot of concentration and cooperation with others. However, the skills needed for Kin-ball are easy, and anyone can learn and understand its rules in a short time. Come and join us every Thursday!



Boys U15 Kin-ball Team



Girls U19 Kin-ball Team



Our regular training



Lion Club Kin-ball Cup 2025



# School Teams

## Mathematics Elite Group

Teacher-in Charge: Ms Kei Kai Yi (F.1), Mr Hui Chun Kong (F.2)

Members:

1A Ma Ho Ying, Cai Junyu, Lo Ho Wang, Lo Yung Wan, Sridokmai Phattharaphon, Wu Kai Man

1B Sun Tsz Yeung, Wei Tin Chak

1C Cheung Hei Lok, Chung Chi Hei, Hu Fei, Hui Hin Ming, Tsai Yu Kit

1D Chan Yu Hin, Kwong Tsz Him, Li Cheuk Hin

2A Ng Shing Yin

2B Su Hiu Ying, Mak Cheuk Hin

2C Kong Shiu Jhun, Lee Yat Yin, Xi Yihe

2D Cheng Wan Yee, Lai Ho Yeung, Li Jiaying, Mo Ho Hei, Tse Lee, Yip Lam Him

Aim:

After-school programs designed to enhance advanced mathematics knowledge, develop problem-solving skills, and provide specialized training for Mathematics Olympiad competitions.



Hong Kong Mathematics & Math Olympiad Open 2024



Math Conception 2025



Hong Kong Mathematical High Achievers Selection Contest



Hong Kong Mathematics & Math Olympiad Challenge 2024



# School Teams

## School Handball Team

### Boys Handball Team

"The Boys Handball Team focuses on teamwork and skill. We work hard to improve and enjoy every game. Join us as we have fun and grow together!"

U19 member

- |                  |                           |                   |
|------------------|---------------------------|-------------------|
| 3B Chan Hoi Chiu | 4D Leung Tsz Hin          | 3B Tsui Cho Hin   |
| 5A Hau Pak Tung  | 3D Wen Tsz Hing           | 5B Lam Chin Yeung |
| 4B Lai Tsz Lok   | 5B Tang Ho Chun (Captain) |                   |
| 4B Leung Ka Fung | 5B Wong Kin Fung Jack     |                   |
| 4B Li Sze Hang   | 6A Huang Jiayi            |                   |

Awards : 2024-2025 Kwai Tsing District Inter-School Handball Competition (U19 Boys) Second Runner-up

U15 member

- |                            |                          |
|----------------------------|--------------------------|
| 1A Sridokmai Phattharaphon | 2C Yip Tsun Yu (Captain) |
| 1A Yiu Ka Kit              | 2D Cai Vincent           |
| 2D Fong Chi Hei            | 1D Li Cheuk Hin          |
| 1D Luo Wai Chun            | 3D Wong Ching Hei        |

### Girls School Handball Team

U19 members

- |                                |                   |
|--------------------------------|-------------------|
| 6D Tse Yuk Lam (Captain)       | 5C Lam Pui Ying   |
| 4B Lee Yuet Hei (Vice-captain) | 6A Lee Tsz Ki     |
| 4A Ng Chau Ying                | 6B Fan Sze Ki     |
| 6B Guan Tsz Lam                | 4D Zeng Hoi Yee   |
| 5B Kwan Hau Yi                 | 6B Pun Ning Yi    |
| 6C Chan Tsz Kei                | 5C Chan Tsz Ching |

Awards

2024-2025 Kwai Tsing District Inter-School Handball Competition (Girls U19): Champion

2024-2025 Bioré All Hong Kong Schools Jing Ying Handball Tournament: Quarter-Finals

U15 members

- |                                       |                             |
|---------------------------------------|-----------------------------|
| 3D Cheng Hoi Ying (Captain)           | 2D Lam Sze Yuen             |
| 2A Wong Sze Nga Lavina (Vice-captain) | 1A Wu Kiu                   |
| 1C Yip Pui Kiu                        | 3A Cheung Cheuk Yiu Vanessa |
| 3B Chu Wai Ka Ellie                   | 1B Cheng Nga Tan            |
| 3B Li Ka Yee Selena                   | 1D Wong Sze Ching           |
|                                       | 3D Mok Sum Yi               |

Awards

2024-2025 Kwai Tsing District Inter-School Handball Competition (Girls U15): 1st Runner-up





# School Teams

## Squash Team

The Inter-School Squash Team Competition for 2024-2025 was successfully concluded on January 26, 2025. Our school fielded both Boys' and Girls' teams in the competition. Ultimately, our team members performed excellently despite facing many traditionally strong opponents. The Girls' team achieved 2nd runner-up in the NT Region competition, marking their fourth consecutive year in the top three since the 2021-22 season — a remarkable achievement deserving celebration. Below is the list of participants for this year:

- |                            |                           |
|----------------------------|---------------------------|
| Girls' Team: 2nd Runner-up | Boys' Team: the 5th place |
| 2A Chan Ka Ki              | 1B Lee Jan Yao            |
| 2D Liu Fong Ping           | 3B Cheung Man Fung        |
| 4B Law Cherie              | 3C Leung Sze Pok          |
| 5A So Wan Tung             | 3C Li Junxi               |
| 6D Au Sin Man (Captain)    | 3D Koo Lap Hang (Captain) |
|                            | 5B Li Tsz Huen            |



Our squash team participated in the "School Sports Programme - Outreach Coaching Squash Team Competition 2025" organized by the Squash Association of Hong Kong, China. All team members gave their best and performed outstandingly. One of the Junior Girls' Teams won the 2nd runner-up in the division. The list of award-winning students is as follows:

- Secondary Girls (Junior): 2nd Runner-up  
 1C Zhang Grace 2C Chow Yu Ching 2C Ng Mei Lam

## Junior Science Olympiad Team

Teacher-in Charge: Mr. Ng Chun Ming

To provide training to enhance students' scientific knowledge and develop problem-solving abilities for the International Junior Science Olympiad (IJSO) - Hong Kong Screening co-organized by the Education Bureau (EDB), the Hong Kong Academy for Gifted Education (HKAGE), and the Hong Kong Association for Science and Mathematics Education (HKASME).

Team members

Class	No	Student	Award in IJSO 2025 – HK Screening
3A	11	Yu Yat Tung	
3A	20	Lau Cheuk Lam	
3B	21	Cheung Yuk Hei	2nd Class Award
3B	31	Yim Pak Hei	
3D	18	Kwok Ka Shing	3rd Class Award
3D	28	Wong Lai Shun	3rd Class Award



3B Cheung Yuk Hei is eligible to participate in The Student Training Course for 22nd International Junior Science Olympiad (Phase I)



# School Teams

## Swimming and Lifesaving Team

Our school's swimming and lifesaving team is widely recognized and admired in the Kwai Tsing District. In the Inter-School Swimming Championship (24-25), our school secured a total of 59 medals in 72 events, including 17 gold, 14 silver, 14 bronze, and 14 fourth-place medals. Since 1992, we have continuously won the overall championship in both the Boys' and Girls' teams for 29 consecutive years (with some years cancelled due to epidemics).

In terms of individual performance, Mak Yi Ching (3C) and Li Hei Man (3B) both courageously won three gold medals each. Yuen Chun Hei (6B), Yim Ki Chun Eddie (1D), and Yang Tsz Yu (1D) also achieved excellent results with two gold and one silver medal respectively. Our swimming team set several tournament records, with Li Hei Man breaking three individual event records in the Girls B category (50m freestyle, 200m freestyle, and 200m breaststroke). Chan Yin Hang (3B) also set a new record in the Boys B category for the 200m freestyle, showcasing outstanding performance.

Moreover, our Girls Team (Grade B) 4x50m freestyle relay team, comprising Wong Wing Kiu Christy (4D), Mak Yi Ching, Li Hei Man, and Mok Sum Yi (3D), broke the record set by the seniors in 2022 with a time of 2'05'96, demonstrating true excellence and great achievement.





## School Teams

### 中文朗誦隊

中文朗誦隊採取選拔制，同時接受同學報名參加。入選的同學會得到老師的悉心指導，從眼神、表情、動作、聲線、技巧等全方位提升演繹的感染力。朗誦隊不單代表學校參加不同比賽，為校增光，更經常在學校不同典禮中粉墨登場，推廣朗誦藝術。



林泳欣同學獲得學校朗誦節女子粵語詩詞獨誦亞軍



2C班同學勇奪學校朗誦節粵語詩文集誦冠軍



公開比賽中屢獲獎項



結業禮小組集誦表演

### 中文辯論隊

中文辯論隊旨在讓學生透過辯論比賽，提升學生思維能力、表達能力、資料搜集能力和團隊合作精神。兆基中辯過往在各個校際大型賽場上均表現出色，如在星島校際辯論比賽、聯校中文辯論比賽均榮獲佳績。本年度辯論隊會繼往開來，繼續在學界辯論賽事上竭盡全力，爭取佳績。



備戰日常



作賽時刻



第五十四屆聯校中文辯論比賽



## Service Teams

### Audio-Visual Equipment Working Group

Do you want to become skilled in back stage operations like managing sound quality, lighting effects to the hall stage and displaying information to the LED wall? The Audio-Visual Working Group offers exciting opportunities for talented, responsible and punctual students. We are the key to school entertainment and knowledge delivery systems. We help with critical technical aspects of school events including regular assemblies, singing contests, the inter-house mini drama competition and inter-house quiz competitions. The chairperson, members and teachers in-charge work as a team to make sure everything works as expected and problems are solved promptly. However, nobody can manage these many jobs at the same time so please, we need you to join us!



Members Assist Inter-House Mini Drama Competition



Lighting Control



Group Photo After The Singing Contest

### Emcee Team

The Emcee Team offers numerous advantageous experiences that contribute significantly to students' personal growth. Acting as an emcee requires clear and effective communication, students learn to articulate their thoughts and engage the audience, which improves their overall speaking abilities. Standing in front of the audience helps students to improve self-confidence, making them more comfortable in public speaking situations. Emcees must think on their feet, especially when unexpected situations arise, this hones their problem-solving skills and teaches them to adapt quickly to changing circumstances. Being a student emcee not only enhances specific skills but also contributes to holistic personal development, preparing students for various challenges in their academic and future professional lives.





# Service Teams

## Careers and Life-Planning Ambassadors

Through assisting in organizing and participating in careers and life-planning activities, the Careers and Life-Planning Ambassadors are able to design their own career paths thoughtfully and to help others do the same.

(Careers Exploration Tour) F.4-F.5 Students listening to detailed introduction of Youth Enterprise Development in Guangzhou, Greater Bay Area



(Careers Exploration Tour) F.4-F.5 Students watching the process of water sterilisation in Guangzhou, Greater Bay Area



(Careers Roundtable) F.5 Students listening to guest speakers sharing their occupation



(Mentorship Program) Alumni sharing their experience with F.4-F.5 students



(Work Experience Program) F.4-F.5 Students sharing their work experience with Mr. CHEUNG Ting-pong, our Vice School Supervisor and our alumnus



(Skill Development Workshop) F.2-F.5 Students learning from a workshop 'Be a successful project manager through storytelling.'



(University Visit) F.4 Students experiencing how to conduct ultrasound examination at Mainland CUHK-SZ School of Medicine



# Service Teams

## Community Youth Club

Guided by the motto "Learn, Be Concerned and Serve" as suggested by the Education Bureau, our school Community Youth Club (CYC) provides our members with educational opportunities beyond the school curriculum in order to enhance their sense of civic responsibility. The activities of the CYC range from conducting workshops, fund raising, flag selling, charity raffle tickets sales, elderly home visits and providing community services for the promotion of civic awareness and responsible social behavior. Our members learn to be a caring person with a passion for active participation in community affairs.

Due to their excellent performance, 5 students were awarded the Secondary School Level 3 (Purple Badge). Another 8 students were awarded the Secondary School Level 2 (Orange Badge) in the CYC Member Merit Award Scheme for their active participation in social services. Congratulations to them on their achievement !

### Community Youth Club - Member Merit Award Scheme

#### Secondary School Level 2 (Orange Badge)

6A 陳奕菲 6B 薛宇皓 6B 吳華臻 6D 林卓琦  
6D 林詩棋 6D 謝鈺琳 6D 林諾恩 5D 盧卓瑩

#### Secondary School Level 3 (Purple Badge)

6A 李思慧 6B 薛宇皓 6C 周美吟 6D 郭卓文 6D 林卓琦



'Healthy Recipes for Elderly' Workshop



Flag selling



Neighbourhood First · Rice-Giving Scheme



"Caring Action Award"



# Service Teams

## Counselling Team

Our counseling student team consists of students from F3 to F5. Through various training sessions, they develop leadership skills and acquire basic knowledge in mediation and emotional counseling techniques. Student counsellors organize different activities on campus to promote mental health and positive thinking among teachers and students in the school.



Students learn methods to maintain mental well-being through interactive activities



Enhancing students' awareness of cyber security against online crises



Equipping students with a positive attitude, knowledge, and skills to resolve conflicts



Student counsellors prepare gifts for F6 students



Student counsellors training camp



# Service Teams

## Elite Club

Elite Club was established in 1993 with the aim of uniting and connecting top students of LSKC and promoting academic atmosphere. We organize a diverse range of activities, including:

- An inter-house academic quiz competition to challenge our students' intellects,
- Elite Cooking Sessions to connect alumni,
- An Elite Camp to foster teamwork and camaraderie among members,
- The Mid-Autumn Star Catching Gathering to send our best wishes to F.6 students
- Elite IG Weekly Feeds to share academic knowledge.

These activities offer Elite members the opportunity to showcase their talents and equip them to excel in various areas.



Elite AGM, a fun challenge of intelligence



Bridging Elite, Christmas gathering with Elite Alumni



Inter-house Academic Quiz Competition



Elite meeting with Cathay Pacific CEO and LSKC alumnus, Mr Ronald Lam



Elite Christmas Card designed by Kwok Sing Yu and Leung Tina Tin Ying



Pilot Study Group



Mid-Autumn Celebration, Elite Star Catching



Visit to HKBU Innovative Gerontological Learning Hub



Elite Summer Camp



Junior Elite Program



# Service Teams

## Girl Guides

Our school's Girl Guides team was established on March 21, 1985, and is affiliated with the 217 NT Coy in the New Territories South region. Our team embodies the spirit of the Girl Guiding movement by organizing a diverse range of interest classes and training sessions. These opportunities allow girls to enhance their knowledge and skills, unlock their potential, build confidence, and become exceptional modern women. Additionally, our team actively participates in community service, which enables girls to fulfill their responsibilities to the community and grow into responsible global citizens.



2024-25 Girl Guides family!



2024-25 Girl Guides family!



Camping in Lantau Island



Christmas party - cooking is fun!



Christmas party - cooking is fun!



Craft making workshops



Flag raising in school



Visiting the Society for Abandoned Animals



Girl Guide Enrollment Ceremony



Game booth for students in need



We received prizes in Footprints in Yau Tsim Mong City Orienteering



Craft making workshops



# Service Teams

## iTeen Programme for Secondary Schools

Ten senior form students were recruited as 'iTeen Leaders' under the iTeen Leadership Programme for Senior Secondary Schools. They then attended leadership training workshops organized by the Independent Commission Against Corruption (ICAC). After the training, our iTeen leaders designed a series of activities to promote the theme of 'integrity and honesty', such as the inter-house integrity competition, the integrity assembly for form one students and an interactive integrity theater and games booth.

Thanks to their outstanding performance, our iTeen leaders were awarded the Gold Award by the ICAC. Furthermore, some iTeen leaders displaying outstanding leadership potential were selected for the "ICAC ELITE Youth Leadership Programme" which aims to equip them to become trusted partners in building a more crime-free society and safeguarding the rule of law.



Prize Presentation



iTeen Leadership Training Program



iTeen Integrity Journey



Interactive Integrity Theatre



Inter-house Integrity Competition





# Service Teams

## Peer Mediation Group

The Peer Mediation Project aims to equip young individuals with conflict resolution skills through peer-led initiatives. By training students as mediators, the project fosters a safe environment for resolving disputes among classmates. Participants learn effective communication, active listening, and negotiation techniques, empowering them to address conflicts constructively. The project enhances students' leadership abilities and encourages them to take responsibility for their peers, contributing to a more harmonious school community. Students are also invited to participate in the Peer Mediation Joint School Training Camp where it is hoped they may consolidate their mediation learning and enhance their interactions and experiences by sharing among peer mediators from different schools.



Game booth during counselling week



Peer mediation role play



Case sharing with F1 students



Peer Mediation Joint School Training Camp



Sharings to F1 students about peer mediation

## Sea Scouts

Sea Scouts aim to promote the scouting movement to young people, fostering their exploration skills and sense of teamwork.

Featured activities include:

- Camping: Learn to set up tents, cook outdoors, and practice survival skills to enhance self-reliance.
- Snorkeling and Freediving: Explore the underwater world, practice water safety, and observe marine ecosystems.
- Inclusive Scout Camp: Participate in activities with scouts from diverse backgrounds, promoting unity and multicultural values.



Learning to set up tents



Freediving



Snorkeling



Cooking outdoors



Inclusive Scout Camp



# Service Teams

## Prefect Team

This academic year our school had a total of 60 prefect members from F.3 to F.5, including 2 Head Prefects and 7 Senior Prefect Leaders. Prefect training this year included a Prefect Camp at HKAYP Jockey Club Duke of Edinburgh Training Camp and a Mid-Term Sharing & Training Barbecue Night at school. In the upcoming school year, we would like to invite students who are interested in developing their leadership, collaboration, and team-building skills to join us!



2024-2025 Prefect Team Handover Ceremony



A memorable BBQ night at school



Training session led by Head Prefects



Team building activity at Prefect Camp



Setting up a fire on their own



Prefect Team Training & Sharing Night



Prefect Training at HKAYP Jockey Club Duke of Edinburgh Training Camp



## Service Teams

### 紅十字會青年團 YU216 Red Cross Youth Unit 216

順德聯誼總會李兆基中學香港紅十字會青年團YU216團已成立達二十多個年頭。團隊秉承紅十字會的人道理念與志願服務精神，透過保護生命和健康及熱心服務社群，以實踐人道精神。青年團團員透過參與不同的課程以認識基本醫護知識；又透過團委員訓練課程及步操課程，培養學生的領袖才能、紀律及服務技巧。團隊亦持續在校內的水陸運、環邨跑以至早會時間提供基本急救服務。除此之外，團隊鼓勵團員自行舉辦或參與校內及跨校的友誼活動，藉此提升學生籌備活動的能力，同時加強跨校交流，以促進各方面的跨校合作。

香港紅十字會青年團YU216 團的團員的表現彪炳，獲獎甚多：

「人道校園」計劃2021-22：「人道校園獎」

2022-23年度優異表現青年團隊、新界西總部訓練盾季軍、新界西總部服務盾冠軍、服務盾部門總季軍

紅十字會青年團青年發展服務「青年導師服務獎」2020-2021年度青年導師服務獎銀獎及銅獎：

李煒嵐 (6B, 2021-22)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2025新界西總部傑出紅十字青年會員：  
冼桐宇 (5B, 2024-25)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2024團隊傑出紅十字青年會員：  
黃啟明 (5D, 2024-25)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2023新界西總部傑出紅十字青年會員：  
梁蕊 (6D, 2023-24)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2022新界西總部傑出紅十字青年會員：  
羅穎嵐 (6D, 2022-23)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2021新界西總部傑出紅十字青年會員：  
李煒嵐 (6B, 2021-22)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2020新界西總部傑出紅十字青年會員：  
楊珈晴 (5D, 2020-21)

香港紅十字會 (青年及義工事務部) 新界西總部傑出紅十字青年會員選舉2019新界西總部傑出紅十字青年會員：  
黃淑雯 (6D, 2019-20)



步操訓練



「戰區24」體驗活動



2023-24年度紅十字會傑出青年團優異獎



健康校園計劃



## Student Union

### Student Union

The student union has entered its 36th term. Student Union "Griffin" continues the work of previous student unions, promoting and innovating by organizing more activities and acting as a bridge between the school and students. In this year, Griffin has held various activities, including Halloween party, joint school English oral practice, singing contest and mini-bazaar. Different activities, such as regular stationery sales, inter-class ball games, and the student newspaper, have also been successfully held. Thank you for the support from everyone, and we hope students will actively participate in the activities we organize.



The 36th Student Union "Griffin" with teacher advisors



Inter-class dodgeball competition



Joint School English Oral Practice



Halloween party



Singing Contest



# Subjects

## 中國語文

中國語文，乃中華文化之基石。學生透過學習古今名著，不僅能掌握運用中文的技巧，更能領略文化之精粹，培養思辨能力，提升人文素養。

為加強同學的學習興趣，中文科以多元化的教材和活動，讓同學在閱讀中增長智慧，在寫作中激發創意，在演說中提升自信，在朗誦中感受文辭音律之美，為學生靈活運用中文打下穩固的基礎。



朗讀比賽屢獲殊榮，集誦獨誦均取佳績



初中閱讀報告比賽，交流閱讀心得，鍛鍊說技巧



佳作獲刊登於《香港中學生文藝月刊》



中文科校本文集 - 《螢火集》



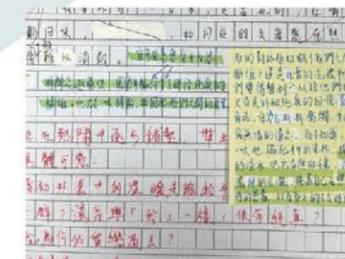
本地作家可洛教授初中創意寫作班



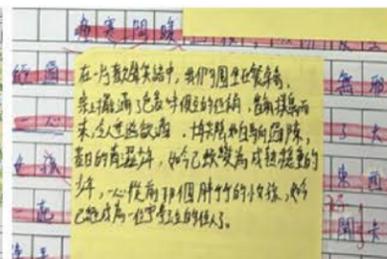
同學參與作家講座後，書寫心聲，讀寫結合，圖文並茂，盡見性情



座右銘書寫，感受中國文字之美



善用AI平改作文，促進學生反思



中華文化日介紹新春習俗



撰寫書信，學以致用



配音比賽，讓同學領略聲情並茂的重要



拔尖班學習訪問技巧，為拜訪國泰航空行政總裁林紹波師兄作準備



欣賞話劇《蘇東坡——五年黃州》



# Subjects

## English Department

### Learning & Teaching

#### Classroom Interactive Activities

To foster a vibrant learning atmosphere, our teachers design interactive activities and engaging games, promoting e-learning while making lessons enjoyable for students.

#### Joint-school Oral Practice

Over 300 students from 7 schools participated in this well-received event organized by our school, showcasing the enthusiasm and dedication of all F.6 participants.

#### LaC Day

Cross-curricular and departmental activities were organized to promote the use of the English language across the curriculum.

#### AFS Global Citizenship Education (GCE) Program

This program is crafted to empower students with essential knowledge, skills, and attitudes for navigating our interconnected world. It inspires them to become active global citizens and culminates in a project competition.



L&T-Classroom Interactive Activities



L&T-GCE



SCMP Anchor Program



The Annual Inter-house Mini-drama Competition



L&T-JSOralPractice



L&T-LaC Day

### Experiential Learning

#### Overseas Study Tour

Students embark on an enriching journey to discover new countries, forge friendships, and immerse themselves in diverse cultures, foods, and natural environments, making language learning both exciting and practical.

#### RTHK Radio

Participants engage in discussions about their career aspirations with the host, sharing insights and tips on career planning and life choices with the audience.

#### SCMP Anchor Program

Participants visit the SCMP Studio, gaining valuable insights into journalism. They learn research skills and seize the opportunity to experience life as an anchor.

#### Animal Photopoeetry Creative Challenge @ Ocean Park

In this cross-curricular activity, students enhance their appreciation for English poetry by photographing an animal and composing a poem, all while promoting positive values.

#### The Annual Inter-house Mini-drama Competition

This event allows selected students from each house to showcase their theatrical talents. They take on various roles - directors, scriptwriters, actors, and stage managers - preparing for two months to deliver a captivating performance. This activity not only hones English proficiency but also cultivates time management, organizational skills, and team spirit.



RTHK



Study Tour



Animal Photopoeetry Creative Challenge @ Ocean Park



# Subjects

## Mathematics

### 2024-2025 Mathematics Panel Members



Lau TK, Choi CH, Chan CY, Wong CH, Chung LL, Kei KY, Chang KS, Chan CF, Hui CK

### 2024-2025 School Mathematics Activities and Competitions



Inter-house Mathematics Challenge (F.1-F.6)  
Inter-class Mathematics Competition (F.1-F.2)  
Mathematics Elite Group (F.1-F.2)  
Mathematics Competition Training (F.1-F.6)



Reading Promotion  
Junior Form Elite Program (F.1-F.3)  
Club Activity Days



### 2024-2025 External Mathematics Competition Prizes

#### 2024 Think Mathematics Competition

Silver (勞浚棋、張煜滸)  
Bronze (蔡羽傑)

#### Hong Kong Mathematics & Math Olympiad Open 2024

Silver (劉芳冰、李家興、劉卓霖、李晉亨、伍思齊)  
Bronze (李駿希、李寶龍)

#### Thailand International Mathematical Olympiad Heat Round 2024-2025

Gold (陳宣政、勞浚棋、張煜滸、黃健軒、胡天樂、鄭樂恆)  
Silver (馬可瑩、孫子揚、江肇遵、陳奧宇、伍思齊、龍正皓、胡志恆)  
Bronze (林奕、鍾智熺、李晉亨)

#### True Light Girls Invitational Mathematics Contest 2024

Merit (周美茜)



# Subjects

### Hong Kong Mathematics & Math Olympiad Elite 2024

Second-runner Up (伍思齊)  
Silver (毛浩晞)  
Bronze (李駿希、陳奧宇)

### Guangdong-HK-Macau Greater Bay Area Mathematical Olympiad

Gold (伍思齊、黃健軒)  
Silver (謝利、陳奧宇、李寶龍、黃灝浚)  
Bronze (李卓軒、劉芳冰)

### Huaxiabei National Mathematics Olympiad Invitational Competition 2025 (Hong Kong District)

Heat  
Silver (麥卓軒、陳宣政、肖淇勻、張煜滸、李寶龍)  
Bronze (李曉磊、江肇遵、吳晟賢、陳奧宇、勞浚棋)  
Semi-final  
Silver (江肇遵、麥卓軒、肖淇勻)  
Bronze (陳宣政、吳晟賢、李曉磊)  
Final  
Gold (肖淇勻)  
Bronze (江肇遵、陳宣政)

### 24/25 Hong Kong Mathematical High Achievers Selection Contest

Bronze (謝利、劉卓霖、勞浚棋、李寶龍)

### 42nd Hong Kong Mathematics Olympiad

Second-class (伍思齊、胡天樂)  
Honourable (黃健軒)

### 2025 Asia International Mathematical Olympiad Open Contest

Heat  
Gold (黃健軒、胡志恆)  
Silver (麥卓軒、江肇遵、謝利、勞浚棋、肖淇勻)  
Bronze (陳宣政、陳奧宇)  
Semi-final  
Silver (麥卓軒、謝利、黃健軒)  
Bronze (陳宣政、江肇遵)

### Hong Kong International Mathematics Olympiad

Heat  
Gold (孫子揚)  
Silver (李曉磊、龍正皓)  
Bronze (葉國軒、林珽彥)  
Semi-final  
Silver (孫子揚)  
Bronze (林珽彥)

### 2025 Hong Kong Mathematics Kangaroo Contest

Peak (謝利、勞浚棋)  
Elite (鄭子謙、麥卓軒、李家興、毛浩晞、龍正皓)  
Merit (陳宇軒、吳晟賢、蘇曉瑩、席一禾、鄭韻儀、葉霖謙、肖淇勻、李寶龍、李晉亨、周美茜、黃健軒)

### Hong Kong Mathematics & Math Olympiad Challenge 2025

Gold (謝利)  
Silver (蔡羽傑)  
Bronze (馬可瑩、李駿希、歐陽未未、劉芳冰)

### 24/25 Mathematics Project Competition

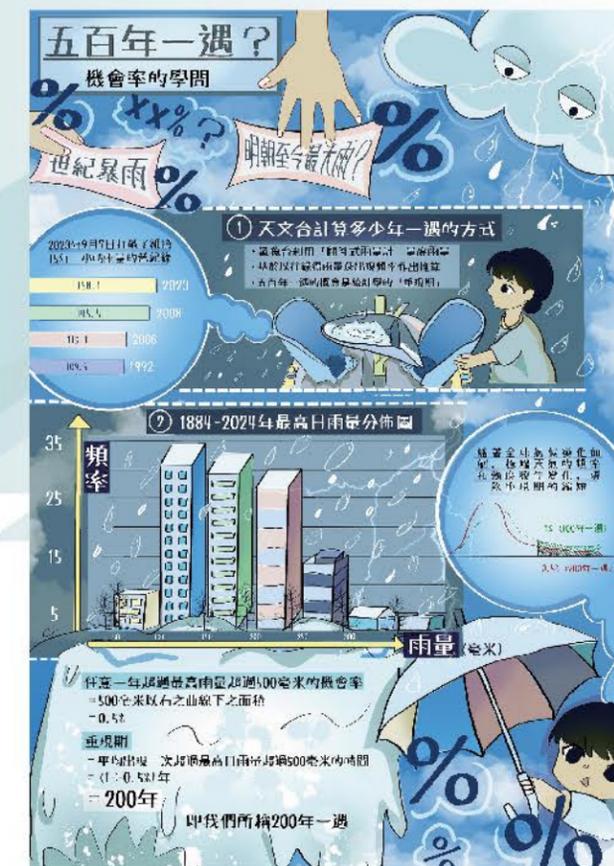
Outstanding Performance (陳宣政、張煜滸)

### Global Mathematics Elite Competition - Hong Kong Preliminary

2nd Runner-up (伍思齊)  
Bronze (馬可瑩、許軒銘、蔡羽傑)

### 24/25 Creative Infographic Design Competition on Applications of Mathematics

Bronze (李嘉琪)





# Subjects

## Physics

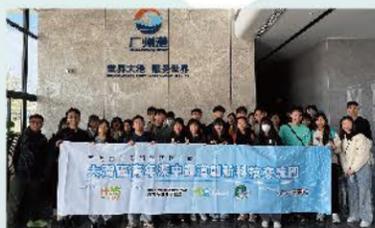
The Physics Department has had an eventful and fruitful year, with students participating in a variety of activities that deepened their understanding of science and broadened their horizons. One of the key highlights was the three-day study tour to Nansha, China, co-organized with the STEM Department. During the trip, students visited advanced scientific facilities, observed real-world applications of physics concepts, and gained a deeper appreciation for the rapid technological development in China. The tour also served as a meaningful opportunity for students to learn more about national development and foster a sense of connection with the country, aligning with the goals of national education.

Another new initiative was the participation of nine S4 students in the Physics Olympiad. Through the preparation process, students learned advanced physics concepts, some of which are beyond their current curriculum and even outside the scope of the DSE syllabus. This allowed them to develop a deeper understanding of the subject and equipped them with problem-solving skills that will benefit them in their future studies.

Additionally, all S4 students participated in City University's Science Video Competition, where they collaborated to create engaging and informative videos on scientific topics. This activity encouraged teamwork, creativity, and effective communication while helping students apply their physics knowledge in an innovative way.

The department has also made strides in integrating technology into teaching and learning. Interactive simulations have been used regularly in lessons, making abstract concepts easier to understand. Starting this year, many of the handouts, classwork, and exercises for S4 students have gone paper-free, supporting a more sustainable and tech-savvy learning environment.

The Physics Department is proud of the progress made this year and remains committed to nurturing students' curiosity, critical thinking, and love for science.



Visiting Guangzhou Port, Nansha, China



Visiting HKUST Fok Ying Tung Research Institute, Nansha, China



Visiting GAC Science and Technology Museum, Nansha, China

## Biology

Welcome to Biology! This year, we explored the incredible world of life, from microscopic cells to the entire ecosystem. Our journey helped students understand :

1. How living organisms function, especially the human body.
2. The biodiversity on Earth.
3. The interconnections among living things.

We provided a range of balanced learning experiences, ensuring students developed scientific knowledge, understanding, skills, processes, and values aligned with the "Life and Living" strand and other areas of science education. F.4 classes learned different systems in our body through Ox's eye and rat dissections. Meanwhile, F.5 students went on a field trip to Ha Fa Shan, where they observed butterflies, birds, and studied grassland organisms in their natural habitat. These activities were designed to be engaging and enjoyable, and students had a lot of fun in them!



F5 Field trip at Ha Fa Shan



Students are investigating the organisms on the grassland



Rat dissection in F4 classes



Ox's eye dissection in F4 classes



# Subjects

## Chemistry

Vice-Principal Leung Kin Ping & Mr Lin Kiu Yan

Chemistry deals with the composition, structures and properties of matter, the interactions between different types of matter, and the relationship between matter and energy. Besides regular classes, we also organize various Chemistry-related activities and visits to extend learning beyond the classroom.



Visit to the Central Laboratory of Civil Engineering and Development Department (CEDD)



In April 2025, our teachers led Form 5 Chemistry students on a visit to the Public Works Central Laboratory of CEDD, located in Kowloon Bay. This visit aimed to help students understand the extensive testing of construction materials used in Hong Kong's construction industry, including concrete, steel, wood, rubber, rock and soil. Students also learned about the careers pathways and prospects of this field. Throughout the visit, our students received high praise from the laboratory staff for their attentive listening, active questioning, and strong desire for knowledge.



Workshop: Dust Explosion Simulation

On 27 June 2015, a dust fire occurred at Formosa Fun Coast, a water park in New Taipei City, Taiwan. During an outdoor "color powder party," staff sprayed clouds of corn starch toward participants, which ignited. The fire injured 508 people, killed 15, and left 199 in critical condition.

In July 2025, the Chemistry Department organized a STEM workshop for Form 4 students studying chemistry during the post-exam activity period. The workshop integrated microscale experiments with STEM skills to enhance students' practical abilities. Under the guidance of the instructor, students safely conducted a dust explosion experiment and studied the factors affecting the rate of chemical reactions. They gained a deeper understanding of the dangers of such reactions, closely connecting classroom learning with real-life situations, thereby increasing both the fun and practicality of their studies.

## Geography

Geography facilitates students' understanding of the relationship between humans and the environment. Through class activities and field studies, our students develop an interest in Geography and acquire knowledge, skills, and approaches that promote sustainability. Students have the opportunity to participate in field trips and explore real-world issues. By examining different environments and cultures, they gain a broader perspective on various global challenges.

Ms Tsang Cheuk Lam (Panel Head), Ms Wong Ka Wun



F3 Students studying school slope with the use of IPAD



Junior form students visiting T-park.



F1 Students having community field trip to practice the use of compass



Student helpers helping with Open Day.





# Subjects

## Integrated Science

Integrated Science introduces our students to the fundamental concepts of scientific inquiry and exploration. It emphasizes hands-on activities, encouraging them to ask questions, formulate hypotheses, and conduct experiments. Topics taught include biology, chemistry, physics, and earth sciences, fostering curiosity about the natural world. Through engaging projects and interactive lessons, students develop critical thinking and problem-solving skills. Integrated Science not only prepares students for advanced studies but also nurtures a lifelong appreciation for science and its impact on everyday life.



International Junior Science Olympiad 2025



Silver Salt Photographer



Water Rocket Demonstration

## Information and Communication Technology

In the junior form, we focus on Computer Literacy, covering the fundamentals of computer hardware and software, file management, principles of computational thinking, IT-related information literacy, Internet risks and protection, and recent AI applications in the world.

In the senior form, we concentrate on Information and Communication Technology, following the DSE curriculum. Students are required to be familiar with the latest technologies.

To enhance students' knowledge and equip them for their future, we encourage students to join activities hosted by external organizations, such as the AI drawing course and the Internet security online self-learning course. In this school year, we invited students from different forms to participate in the following activities and competitions:

- AIGC Digital Creative Competition 2024
- Hong Kong Olympiad in Informatics (HKOI)
- The Greater Bay Area Youth AI and CyberSec Challenge 2024
- AI Quiz Competition for Secondary School Students 2025
- Dataverse Online Self-learning Course
- Attack with Defence Tournament 2025
- AI Hackathon 2025



The Greater Bay Area Youth AI and CyberSec Challenge (Final) in Macau



AIGC Workshop



2B Su Hiu Ying Awarded in AIGC Digital Creative Competition



2B Wu Hiu Ying Awarded in AIGC Digital Creative Competition



Students attend the talk before AI Quiz Competition for Secondary School Students in CUHK



Students taking the AI Quiz



# Subjects

## Innovation and Entrepreneurship

Innovation and Entrepreneurship is a subject offered to F.3 students, focusing on fundamental business knowledge and skills. Through business concepts and case studies, this subject aims to sharpen students' business sense and enhance their skills in technology, enabling them to fulfill their roles competently and confidently as consumers, investors, employees, and entrepreneurs.

Apart from regular lessons, this subject also includes seminars and other interactive activities to spark students' interest in business and technology. This photo shows our students attending a seminar about the entrepreneurial story of the inheritance and innovation of a traditional cake shop.

(「企業家故事」：一間傳統餅店的承傳)



## BAFS

Through the study of the BAFS curriculum, students will be able to develop knowledge and understanding of the importance of accounting in managing a business. It also develops generic skills to evaluate business issues from a variety of perspectives. Apart from the understanding of the business world, students are also expected to develop positive values and attitudes and hence behave responsibly in controlling their personal finances.

Students are encouraged to participate in online quiz competitions organized by professional bodies, which enhance their knowledge in accounting and business management.

Moreover, our department actively organises study tours, from which students may broaden their horizons and enhance their understanding of the business sectors and innovative technology development.



IFEC FinEd Hub visit

- Interactive games to level up financial knowledge.



Financial Literacy Workshop

- Financial literacy group game to enrich students' knowledge in common investment products, insurance, credit cards, and financial traps.



Two-day Greater Bay Area Career Exploration Tour in Guangzhou

- Visiting business-related attractions and participating in cultural exchanges.





# Subjects

## Economics

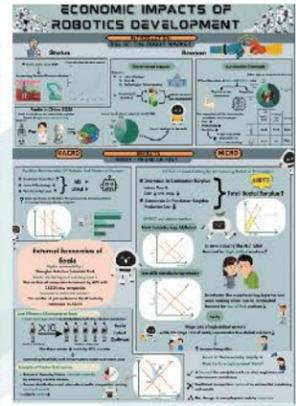
The study of economics helps students to understand the human world by exploring how resources are used to serve individuals and society. It also contributes to the development of critical thinking and decision-making skills, which are crucial for the all-round development of students, particularly in their development as lifelong learners and responsible citizens. Therefore, connection of content knowledge and real-life cases is essential. Students are required to master a variety of tools and skills for the effective communication of economic ideas and discussion of economic issues. This is achieved by engaging students in a diverse range of learning activities both inside and outside the classroom. Such an approach creates a more dynamic and enriching educational experience, fostering curiosity and real-world problem-solving skills.



Cross-Curricula Trip to Nantou Ancient Town



"Cartel Hunters – Learn more about the Competition Ordinance"



Economic Infographic Challenge



Merit Award in the "Economic Infographic Design and Presentation Competition"



The Econ X Tech X Business Case Study Workshop Series



Visiting CUHK Economics Project Exhibition

## History

History is a discipline of inquiry and analysis. Studying history engages students in an active learning process that involves asking meaningful questions about the past, collecting and analyzing sources, and drawing conclusions supported by evidence. The development of human history has shaped the world today; similarly, important concepts that influence the modern world—such as nationalism, democracy, and revolution - have their historical origins. Thus, the study of history helps students understand the human world by exploring its origins in the past.

The aim of this subject is to enhance and develop students' interest in history and to help them understand the present in the context of the past. History nurtures students to become citizens with global perspectives, knowledge, and a strong sense of responsibility. Moreover, the subject develops students' historical skills, including critical thinking abilities such as analyzing and applying concepts. The activities also aim to equip students with generic skills in communication and computer literacy.



2B Lee Kin Hei received 國慶 75 周年祝賀語創作獎 in History e-Reading Award Scheme 2024



An exploration in the historical sites of Kowloon Walled City



F.1 Field trip in Tai O



F.2 Attending the letterpress workshop in Sheung Wan



F.3 Visiting the historical sites of the Battle of Hong Kong



Student helpers in information day



# Subjects

## 中國歷史

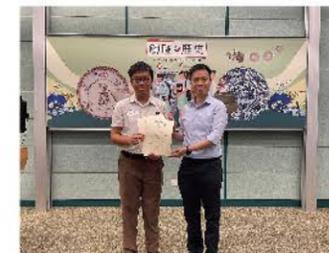
本年度中國歷史科舉辦不同活動，旨在提高學生對學習中國歷史的興趣，又邀請校外不同機構或大學合作，開辦中華文化工作坊，擴闊學生視野。此外，本科老師鼓勵學生參加不同的校外比賽及參觀活動，務求使學生透過多元途徑接觸中國歷史與文化，從中探索更多中史知識。

以下是本年度的活動：

- 「如何欣賞中國古畫」工作坊，工作坊邀請香港浸會大學歷史系協助
- 教育局「觸躡歷史——歷史文化導賞大使」培訓計劃
- 第二屆香港故宮學生文化大使計劃
- 理大全港中國歷史論文比賽 2024，獲得「創見大獎」
- 國史教育中心「年度中國歷史人物選舉2024」



「如何欣賞中國古畫」工作坊



教育局「觸躡歷史 - 歷史文化導賞大使」培訓計劃



第二屆香港故宮學生文化大使計劃



理大全港中國歷史論文比賽 頒獎典禮



屏山文物徑參觀

## 中國文學

文學科讓學生有系統地閱讀、欣賞、理解及評論文學作品，培養學生的語文能力及審美情趣，提高文學創作能力；透過感受語文的美感，從作品的情意中感應人與人，以至人與物之間的真、善、美。

文學源自生活，作品時代或不同，但哲理思想是永恆的。老師重於將文學作品結合現實，除教授公開考試的課程外，更希望啟發同學處世待人之道，滋養心靈。



觀舞台劇 - 《金鎖記》  
劇中呈現的命運與人性震撼人心。觀劇及參加演後談的經驗開啟了同學認識戲劇藝術之門。



參與聯校文學獎，得獎作品收錄於文集；  
同輩砥礪切磋，充滿創作熱誠。



參與講座活動  
1. 「說不盡的流言」與張愛玲對話  
2. 中國古典文學對談





# Subjects

## Citizenship, Economics and Society / Life and Society

We aim to build up our junior-form gateway to the Personal, Social and Humanities Education (PSHE) Key Learning Area. Through lively enquiry and discussion, students first learn to know, love and care for themselves, develop healthy relationships, and cultivate empathy, resilience and ethical judgement. They then extend this self-understanding to the wider community by exploring how economic choices shape daily life, how social institutions operate, and how responsible citizens can advance the common good of Hong Kong, our nation and an increasingly interdependent world.

Learning never stays within four walls. CES is built on cooperative activities that connect classroom concepts to real-world experience. Cross-subject activities are held between CES and different subjects, giving students first-hand insights into diversity, inclusion and sustainable development. By the end of Junior Secondary, CES equips every learner with the analytical tools and civic values needed to pursue a meaningful life and to help build a community with a shared future for humankind.



Cooperation with PSHE subjects and Counseling Department to run the experiential learning activities in bridging program



Cooperation with Counseling department to run "drug prevention", "sex education" and "adapting to secondary school" in-class seminar



Cooperation with Geography to implement an elite program for learning GIS



Cooperation with Chinese History and Values Education Department to run Chinese Art Market



Cooperation with History to run the guided tour to Shing Mun Redoubt

## 公民與社會發展科

公民與社會發展提供廣泛的學習體驗，包括本地考察、內地考察、VR虛擬體驗等，讓學生了解身邊、了解香港、了解國家、了解世界。近年來，科組舉辦了珠海、惠州、英德、上海 / 寧波以及南京內地交流團，讓學生親身體驗國家發展及文化，培養國民身份認同。透過個案討論，也讓學生能在事實基礎下「慎思明辨」，建立正確價值觀。



上海明珠塔下的李中師生



李中師生參觀廣州大學附屬中學英德實驗學校



英德採茶體驗



師生同樂於寧波南塘老街



# Subjects

## 普通話

普通話是一門「活」的語言，需要在生活中學習和應用，因此本科透過多元化的活動，營造活躍的課堂氣氛，讓同學在活潑的環境之中學習普通話。



本科成果展示



普通話早會分享



課堂匯報



同學於開放日組織攤位遊戲



話劇表演

## Design and Technology

Over the three years of learning Design and Technology, students will experience and master various technologies and stay up to date with the latest developments, e.g. 3D modelling and printing and the use of electric hand tools, to complete their design projects or solve everyday problems. Our design project has been continuously modified. Here are the projects in the past year:

Form 1: Engages in 3D modelling and printing through a LEGO figurine redesign project themed around Chinese culture or history, as well as a custom-made cloth button project.

Form 2: Focuses on woodworking skills applied to the LSKC wishing tree project, and on the use of laser cutting technology for cutting and engraving a Chinese-style seal.

Form 3: Team collaboration to design and prototype an automated mechanical device or optimise redesign projects.

As usual, we encourage students to challenge themselves to participate in STEAM-related competitions and to showcase their ideas and prototypes to the public.



S1 3Dprinting



F2 Team-work building wishing tree



Showcasing Idea in Teaching and Learning Expo 2024



F3 team project\_Machinery learning



F.1 Lego man redesign and 3D printing



F2 Laser cutting technology



# Subjects

## Physical Education

Physical Education is "education through the physical." By teaching various sports skills and games, we aim to develop students' abilities to engage in a wide range of sports activities, fostering an active and healthy lifestyle. We also seek to build students' confidence and essential skills, particularly in collaboration, communication, creativity, critical thinking, and aesthetic appreciation. In addition, to nurture positive values and attitudes in PE, we strive to provide students with a solid foundation for lifelong and life-wide learning.



Fundamental athletics training in PE lessons



F.1 & F.2 Shaolin Kung Fu lessons



Senior Forms Conditioning and Fitness training lessons



Our teacher enjoying himself in physical training in the Gym centre!



Last lessons with Mr Hui, you will be missed!



F.5 Bowling lessons



A new game for girls!



Score is nothing, memories are precious.



Roundnet – a new sport for F.4 students.

## Home Economics

Home Economics is one of the subjects within the Technology Education Key Learning Area (TE KLA) at the junior secondary level. It covers major areas of study including food, clothing, home, and family. The subject aims to promote the well-being of individuals, families, and society through its curriculum. Through practical experience and application, we hope to nurture students' problem-solving abilities, creativity, and critical thinking skills, while encouraging them to take good care of themselves and their families.

Students also have the opportunity to learn the basics of fashion design and home management techniques. This year, we organized a rice dumpling wrapping workshop to help students explore Chinese traditional culture, as well as a science museum on-site jam-making workshop, enabling students to learn science through food and enhancing STEM elements.



# Subjects

## Music

Music as a subject aims to develop students' music knowledge and creativity, to gain delight and enjoyment through participation, and to pursue a lifelong interest in music.

Apart from delivering music knowledge, music lessons provide numerous opportunities for students to develop their creativity and communication skills through our curriculum, including creative performances and the class music contest. Through these musical experiences and processes, students build positive values and attitudes, which are essential for their future success.



Lunch meeting with students to discuss the planning of the creative project



Students trying their best to show music talents at Class Music Contest



Teamwork shown in students' performance



Creative project– Song Recording

## Visual Arts

Teachers: Cheung Lai Shan and Choi Hoi Ki

In Visual Arts, we organize field trips and outings for students to explore the community and experience real-life challenges, through which they can gain inspiration for their art creations. We believe that Visual Arts is the study of art and people's lives.



Picturesque Ordinarart-Elaine Chiu Art Exhibition



Visit to Chan Sak Lok's Solo Exhibition "The Stillness Between"



Form 6 Graduation Exhibition - Usubuchi Akitoshi



Visit to Exhibition "Picasso for Asia-A Conversation"



2024 S.T.F.A. Painting Competition Champion-Ku Ka Yi



Winners of the 2024 S.T.F.A. Painting Competition



## 人物簡介：鄧日朗先生 (Mr. Laurence Tang)

香港大學 (HKU) 學生發展及資源中心 (CEDARS) 的校園生活總監 (Director of Campus Life)。鄧學長於 2008 年在李兆基中學完成了中五課程。大學畢業後，留在香港大學工作，範疇涵蓋了創新創業生態、發展及校友事務、校園生活和學生事務等多個方面。

### 師生融洽 洋溢溫情

鄧師兄雖然已經離開李中十多年，但他對李中的記憶還是非常深刻。大概在他中三、中四那年，鄧師兄的家人生了病，使他經常受到情緒困擾。劉順敏副校長是他當時的班主任，知道事情後便非常關心鄧師兄，經常留意他的學習進度以及家庭情況等，令鄧師兄感到十分溫暖。鄧師兄又提到當時的老師們不單會在作文評語上寫上適合師兄的改善方法，更會在作業貼上備忘便條，告訴他近日的上課表現。這些一筆一畫的關懷，讓師兄至今難忘。當然，同學之間互相幫助與扶持、互相交流筆記和心得、一起應付會考 (編按：當時中五學生須參加「香港中學會考」，成績達標方可升讀中六、中七預科課程) 等點點滴滴也令鄧師兄非常深刻。



### 勤學自信 珍惜光陰

鄧師兄作為李中的畢業生，現在的工作也與年輕人成長有關，在他眼中，李中的學生是多元化的，既有一些學習優異的，又有一些有運動天賦。不過，他覺得李中同學普遍比較純樸，甚至有時顯得自信不足，因此鄧師兄建議同學們要肯定自己，並勇於表達自己的想法，要相信自己能夠解決問題，不要輕言放棄。

當記者問及鄧師兄當年如何分配時間時，他卻給出了出人意料地說法：「珍惜時間比分配時間更為重要。」他認為現在的學生比他以前更難去平衡和管理時間，因為智能手機太普及，就連他自己也習慣經常使用手機，導致效率降低。師兄用「挑戰」作為比喻：做正事時要遠離手機。鄧師兄還建議我們處理事情時應先排好優先次序，原則可以自己定，這樣能提升效率；只有騰出更多時間，才談得上分配時間。



鄧日朗校友擔任結業禮主禮嘉賓



### 志願流轉 初心不改

或許是受到李中老師言傳身教的影響，鄧師兄傳承了關心別人的美德。鄧師兄中學時的理想是當一位醫生，幫助病人。後來，鄧師兄在大學選科時，選擇了政治及公共行政，因為他漸漸對社會的運作、經濟和民生感到興趣，認為這些知識更貼近人們的生活和利益。

至於擔任港大校園生活總監，就要從鄧師兄的大學生活說起。鄧師兄覺得大學最特別的經歷，就是離家住在大學宿舍。離開家人與同學日夜相處，沒有家人從旁督促，容易迷失方向，因此，他現在會設計許多計劃和活動，協助同學尋找人生目標。他希望同學們投入去做一些事情，並從中得到幸福感，「如果大家都幸福，社會也會幸福，社會便算是在進步了。」

這是一份有意義的工作，但鄧師兄說也有讓他感到困難的地方，因為隨着社會的發展越來越快，工作的節奏也快了，工作量和複雜性都相應提高。然而，鄧師兄仍享受這份工作，因為自己曾經也是一位大學生，所以他能體會到大學生對於新生活的歡喜與期待。



鄧日朗校友帶領同學參觀香港大學

### 燃點熱情 追逐理想

鄧師兄一路走來，在專業上的積累和成長，自有其心得與方法。鄧師兄提醒我們做事之前，要不斷地質問自己「為什麼要去做？」不要人云亦云。人人都希望事業有成，工作能力固然重要，但最能獲得別人信任的方法，是讓別人感受到自己對事情的熱愛。只有真正熱愛自己的工作，工作能力便會隨着時間提升。對此，鄧師兄給我們總結出三個詞語：熱愛、能力、遠見。

### 「戰友」互助 共創佳績

最後，鄧師兄提醒我們，求學的過程中，我們不是單打獨鬥的，這也是我們要上學的原因。同學是可以互助互惠的，他憶起他當年在會考班和同學一起奮鬥的日子，每一位同學都十分樂意分享自己所學與所得。即使在會考「拉curve」的制度下 (編按：即「常模參照」模式，以考生得到的分數相對於整體考生分數而決定成績。)，鄧師兄仍然更願意把同學比喻成「戰友」而不是「敵人」，叮囑我們要記得和同學互相支持的氣氛對應付考試是十分重要的。

鄧師兄長年關心年輕人的成長，加上豐富的工作經驗，與他交談，實在使人豁然開朗。希望同學們都能夠從鄧師兄的分享中有所得益。

(記者及撰稿：2A黃雅茵、2A梁天盈)



林雋永足本訪問

## 從李中到巴黎歌劇院：林雋永校友的追夢之軌跡

在李兆基中學裏，曾有一位總在午休時仍伏案學習，放學後匆匆趕去練習舞蹈的少年。他穿越了書聲琅琅的學校的走廊，一步步走到了巴黎歌劇院的舞台上，成為了首位加入巴黎歌劇院芭蕾舞團的香港人。就讓我們循著林雋永的足跡，聆聽一個在校園生根的夢想，最終在璀璨奪目的國際舞台綻放的故事。李中回憶，夢的土壤

林雋永回憶起李中的點點滴滴時，臉上浮現出笑意：「我先前在李中有一班很好的朋友，如今我依舊記憶猶新。」食堂裏的談天說地，樂隊的排練，舞蹈課的歡樂，化作一個個音符，交織成了他夢想的背景音。最令人難忘的是，他與舊友因芭蕾相識，兩位少年在舞蹈中找到了共鳴，一拍即合，一同參加了李中校慶。獲勝時，他們臉上的笑容在記憶中留下了不可磨滅的光輝。

他的青春中，也有一種獨特的舞步。午休時分，他在功課上奮筆疾書；放學過後，他在腳步在地鐵站台中穿梭。葵芳到北角，是他每日去練舞的必經之路。好在，學校與同學的支持，以及對芭蕾的熱愛，都讓這些辛苦化作甘甜。

### 芭蕾，一座橋樑，通往更好的自己

林雋永坦言，自己小時候喜歡彈鋼琴，不經常與人交流，因此十分害羞，連跟陌生人打招呼都不敢。母親為了讓他與其他孩子多溝通，給他報了芭蕾舞的課外活動。「從獨自一人的鋼琴，到需要一起合作的舞伴，芭蕾為我建立起了一座橋樑，教會了我表達，使我變得活潑開朗。」



林雋永校友（圖片來源：IG@chunwing\_lam）

這座橋樑，也為他開啓了通往法國的道路。他的夢想樂章，從此由香港的課室奏向巴黎的練舞廳。「如果沒有芭蕾，我大概會在香港讀大學，找工作。但芭蕾帶我去了法國，開啓了我全新的人生。」芭蕾不只改變了他的性格，也改變了他的人生軌跡。



林雋永校友（右二）與記者合照

### 在巴黎，學會讓靈魂起舞

十四歲，獨自一人踏上去巴黎的追夢旅途。面對異國他鄉，面臨不會法語，文化差異，思念家鄉等種種煩惱，他選擇去勇敢面對，逐漸適應。

法國的課堂與香港不同，他們鼓勵自由，即興地創作，這對於習慣了謹慎表達的他是一場翻天覆地的革命。「我欣賞他們勇於表達自己內在的情感，敢於創作。這份勇氣深深地，感染了我。」在巴黎，他不僅學會讓身體起舞，更學會了讓靈魂起舞。

然而，當興趣變成了職業，當濾鏡消失不再，當身心舞動得精疲力盡，現實則是日復一日地艱苦排練。他迷茫中想起了中三班主任溫老師（編按：溫綺媚老師，2023年榮休）的告誡：「當一個興趣成為了你的職業的時候，它就未必再會是你的興趣。」舞台上的光鮮只是一小部分，而在幕後，演員要付出成百上千倍的時間去排練舞蹈。

他曾想過要放棄，但他人的加油打氣，成為了他的動力。「無論是李中，我的家人，我的同學，抑或是朋友，他們都很齊心地支持我，給了我很多鼓勵，去讓我能夠克服困難。」

### 舞台之外，生命是更廣闊的芭蕾

如今林雋永不僅是一名芭蕾舞舞者，也修讀完了格勒諾布爾管理學院的課程，並在法國開了一間財務管理諮詢公司。「芭蕾教給我的紀律，專注，與對完美的追求早已融入了我的內心，構成了我迎接挑戰的姿態。」無論是舞出每一個精彩完美的大跳，還是解決顧客的財務管理問題，背後都是同一種精神——將生命的舞蹈，舞出最鮮活精彩的姿態。

採訪：5B冼桐宇 5D陳佩琦 4D徐佳怡  
撰文：4D徐佳怡



## 體育路上的堅持與傳承：許玉虎老師榮修專訪

問：您為什麼選擇成為一名體育老師並在此行業深耕？有什麼契機？

許老師回憶，萌生成為體育老師的念頭大約在中四時出現。那時他考慮到兩個方面：一是家庭經濟條件不佳，二是自認個子不高、外貌不突出，對未來感到迷茫。後來，他進入王少清中學，遇到體育課上的葉老師。「看到葉老師教大家打球時的颯爽英姿，又想到體育老師收入穩定，就產生了這個想法。」許老師補充，自己從小喜歡跑動、身體素質好，也是幫助他立定志向的重要因素。

問：如果請您用一些詞語來形容您的體育執教生涯，您會用哪些詞語？為什麼？

許老師選擇以「先苦後甜」來總結這段歲月。他剛到李兆基中學任教時，大兒子出生，六年後小兒子也來到世上。「任教前十八年，除了教學和訓練，還要專心教育孩子。」那時學校沒有外聘教練，他一人負責15組校隊，包括6組田徑、6組手球和3組男子籃球。「一週訓練七天、週末比賽是常有的事，壓力確實很大。」後來隨著教育局撥款支援學校聘請教練，他的工作量逐漸減輕，孩子也長大了，讓他更能得心應手地兼顧教學與家庭。



「希望所有李中同學都能找到一項能長久堅持的運動愛好。」



許玉虎老師與記者談及李中生活點滴

問：您覺得以前與現在的教育設施有什麼區別，以及有什麼值得改進的措施？

許老師指出，教學硬件已有很大改變，運動場地經過兩次更換與維修，但他希望未來能採用更易排水的材料，解決雨天積水問題，讓學生有更安全舒適的運動環境。他也見證學校為禮堂安裝冷氣、課室設備從黑板升級為電子白板，深感學校進步之大。此外，他認為翁祐體育館加裝中央空調、將現有泳池改為恆溫泳池，都是值得考慮的改善措施，不僅嘉惠學生，也能為周邊社區提供更優質服務。

問：在最後，想請問老師有什麼話想要對李中的同學講？

許老師誠摯地說：「希望所有李中同學都能找到一項能長久堅持的運動愛好。」他強調，讀書與運動是可以兼顧的，正如常說的「玩的時候認真玩，讀書的時候認真讀」。在勤奮學習之餘，持續運動有助維護身心健康。他進一步表示，運動不僅能紓解壓力，還能提升抗壓能力，讓大家更好地投入生活。最後，許老師衷心祝願所有同學：「身心健康！」

採訪：4C周美茜、4C鄧梓軒、4D曾凱儀

撰文：4C周美茜



許玉虎老師與記者合照



# Our Classes

## Class 1A



順德聯誼總會李兆基中學 LSKC  
中一級甲班團體合照 (2024/2025)



Class 1A is a lively and talkative group that thrives on active participation and creativity. Their energy fills the classroom, where students eagerly share ideas and collaborate on exciting projects. Known for their strong sense of unity, they work together seamlessly during group activities, supporting each other's efforts. The class's imaginative spirit shines through in their artwork and presentations, inspiring everyone around them. Their positive attitude and vibrant teamwork create a warm, dynamic environment. Class 1A truly exemplifies how enthusiasm, creativity, and unity can make learning fun and memorable for all.



# Our Classes

## Class 1B



順德聯誼總會李兆基中學 LSKC  
中一級乙班團體合照 (2024/2025)



Class 1B is full of energy and laughter. Each student has his or her own style; this feature makes our lessons lively—and yes, sometimes a bit wild. We still play tricks that make teachers sigh, but our focus is growing every day. Different sporting events also teach us the same lesson. In the inter-class volleyball match, we started shy, missed many balls, yet kept fighting. Step by step, we reached the final. We have learnt that we should never give up until the whistle blows. Also, you can always see our class' great teamwork. Some classmates speak at the morning assembly to share study tips while some post tidy notes online for everyone to read. After school, we stay behind, teaching one another until the sums and verbs make sense. Our form teacher believes in this spirit of growth, and so do we. That's Class 1B.





# Our Classes

## Class 1C



順德聯誼總會李兆基中學 LSKC  
中一級丙班團體合照 (2024/2025)



Class 1C is an energetic and close-knit group of students known for their hardworking nature and positive attitude toward learning. The classroom is lively, with students actively participating in lessons, sharing ideas, and asking questions. Their strong connection with teachers creates a supportive environment where everyone feels encouraged to do their best. During group activities, they work well together, helping each other grasp new concepts. The teacher fosters this nurturing atmosphere by celebrating each student's achievements, boosting their confidence. Friendships among classmates thrive, making Class 1C a welcoming place to learn. This blend of energy, support, and teamwork shows how a positive classroom can lead to both academic success and personal growth, making learning enjoyable for all.



# Our Classes

## Class 1D



順德聯誼總會李兆基中學 LSKC  
中一級丁班團體合照 (2024/2025)



Class 1D is a vibrant and cohesive group of young learners known for their excellent academic performance and harmonious interactions. The classroom is filled with bright decorations and learning resources that spark curiosity. Students actively participate in lessons, eagerly sharing their ideas and asking questions. Their strong sense of teamwork is evident during group activities, where they collaborate effectively, helping each other grasp new concepts. The teacher fosters a supportive environment, celebrating each student's achievements, which boosts confidence and motivation. Peer friendships flourish, creating a warm atmosphere where everyone feels valued. Class 1D exemplifies how academic success and harmony can go hand in hand, making learning enjoyable for all.





# Our Classes

## Class 2A



順德聯誼總會李兆基中學  
中二級甲班團體合照 (2024/2025) LSKC



Welcome to Class 2A! Our fun group is full of energetic students who love science and music. We explore the world with hands-on experiments that spark our curiosity. We enjoy lunch gatherings where we share stories and know more about each other. Before exams, we have study sessions during lunch time to help each other improve, especially in English. Our Christmas party is a special time filled with games, treats and laughter. With the help of our teachers, Mr. Ng and Ms. Ng, we create a friendly classroom where everyone feels welcome. Together, we celebrate our successes and learn from our challenges, making this school year an exciting journey of growth and friendship!



# Our Classes

## Class 2B



順德聯誼總會李兆基中學  
中二級乙班團體合照 (2024/2025) LSKC



Like many other teens, the 2B students have been struggling to find their own identities. At times, they don't fully understand who they are - whether they're a friend, a student, or just a classmate. These conflicts have led to poor decisions, but amid all the confusion, they've learned and grown. Throughout it all, their kindness and generosity remain. One minute, they might be arguing, and the next, they're helping each other. It is hoped that they can continue to grow, not just as students but also as people.





# Our Classes

## Class 2C



順德聯誼總會李兆基中學 LSKC  
中二級丙班團體合照 (2024/2025)



Welcome to Class 2C! We are a vibrant group of young learners who embody the values of 'being loving, caring, respectful and polite towards one another'. By fostering a positive and inclusive environment, we work together to create lasting friendships. We are excited to learn, grow, and explore new ideas together this year, making Class 2C a wonderful class to be!



# Our Classes

## Class 2D



順德聯誼總會李兆基中學 LSKC  
中二級丁班團體合照 (2024/2025)



Like many other teens, the 2B students have been struggling to find their own identities. At times, they don't fully understand who they are - whether they're a friend, a student, or just a classmate. These conflicts have led to poor decisions, but amid all the confusion, they've learned and grown. Throughout it all, their kindness and generosity remain. One minute, they might be arguing, and the next, they're helping each other. It is hoped that they can continue to grow, not just as students but also as people.





# Our Classes

## Class 3A



順德聯誼總會李兆基中學 LSKC  
中三級甲班團體合照 (2024/2025)



Class 3A is bursting with energy and enthusiasm! We are always active, participating in sports and games, which keeps their spirits high. The students have a fantastic rapport with their teachers, making learning enjoyable and engaging. Our positive interactions create a lively atmosphere, where everyone feels comfortable sharing ideas and asking questions. Strong friendships flourish as we support each other in both academics and sports. This tight-knit group collaborates well, celebrating each other's successes and motivating one another to do their best. Their vibrant energy and teamwork make the classroom a dynamic and inspiring place to be!



# Our Classes

## Class 3B



順德聯誼總會李兆基中學 LSKC  
中三級乙班團體合照 (2024/2025)



Class 3B is a vibrant and united group of students who embrace every moment with enthusiasm and joy. From outdoor adventures exploring stunning rock formations to enjoying nature in scenic parks, we demonstrate great teamwork and interest in discovery. In the classroom, their energy shines during celebrations, where laughter and camaraderie fill the air. Our class is not only hardworking but also knows how to create lasting memories together. Whether hiking, sharing meals, or simply supporting one another, 3B represents a community of resilience, friendship, and positivity. We embody the spirit of learning and growing together in every step we take.





# Our Classes

## Class 3C



順德聯誼總會李兆基中學 LSKC  
中三級丙班團體合照 (2024/2025)



Arrogant, disobedient, rebellious... Many people would use these words to describe class 3C. Notorious as it may seem, 3C is in fact a close-knit class with distinctive personalities and bustling energy. This year, we have been enjoying various activities, from Sports Days, to Games day, to OLE day. All these experiences have provided us with great learning opportunities and channels for our class to unite together. The final year in our junior form has been fruitful and unforgettable. Hopefully, we will continue to blossom and realise our potential under the guidance of our teachers when we reach F.4.



# Our Classes

## Class 3D



順德聯誼總會李兆基中學 LSKC  
中三級丁班團體合照 (2024/2025)



This year in 3D has been unforgettable, filled with laughter, growth, and valuable lessons. We enjoyed great food and had fun together at the school picnic and Christmas gathering, and we bonded during our hiking trip on OLE day. Although this year presented many challenges, our class teachers encouraged us to face them bravely. They provided valuable advice on career planning as we prepared for our remaining three years at LSKC. With our teachers' support, we've become more confident and better prepared for the future. These experiences have made this year one we will always cherish.





# Our Classes

## Class 4A



順德聯誼總會李兆基中學 LSKC  
中四級甲班團體合照 (2024/2025)



Every day is filled with a relaxed and harmonious atmosphere. On our picnic day, everyone gathered early, eagerly anticipating the adventure ahead. The scenery outside the window rushed by, with laughter and conversation intertwining, fostering a sense of intimacy among us. The barbecue activity further strengthened our friendship. The days of studying, on the other hand, offer a different allure. Our teachers guide us in exploring new knowledge, while students engage in contemplation and innovation through hands-on experiences, all in a casual and comfortable setting. Each individual finds their voice here, experiencing the power of teamwork. We not only grow in knowledge but also develop profound friendships on a spiritual level. We look forward to every moment spent together, which cultivates our enthusiasm for the future, embracing a positive mindset as we welcome more beautiful days ahead.



# Our Classes

## Class 4B



順德聯誼總會李兆基中學 LSKC  
中四級乙班團體合照 (2024/2025)



Students of Class 4B do not only focus on their studies, they also emphasize a balance between academics and arts. Many of the athletic champions and artists are elite members of our class, enjoying campus life while actively equipping themselves. If you're ready to challenge us in academics, sports, and arts, come join us! We're waiting for you.





# Our Classes

## Class 4C



順德聯誼總會李兆基中學 LSKC  
中四級丙班團體合照 (2024/2025)



Over the past year, we have experienced the warmth and support of our 4C class community. We engaged in lively activities on Games Day and collaborated on OLE Day. We are grateful to have classmates who support and care for one another, and we sincerely appreciate the dedicated guidance provided by our teachers. Although the future may present numerous uncertainties, we believe that as long as we maintain our confidence and determination, we can achieve our own remarkable heights!



# Our Classes

## Class 4D



順德聯誼總會李兆基中學 LSKC  
中四級丁班團體合照 (2024/2025)



Every day is filled with a relaxed and harmonious atmosphere. On our picnic day, everyone gathered early, eagerly anticipating the adventure ahead. The scenery outside the window rushed by, with laughter and conversation intertwining, fostering a sense of intimacy among us. The barbecue activity further strengthened our friendship.

The days of studying, on the other hand, offer a different allure. Our teachers guide us in exploring new knowledge, while students engage in contemplation and innovation through hands-on experiences, all in a casual and comfortable setting. Each individual finds their voice here, experiencing the power of teamwork.

We not only grow in knowledge but also develop profound friendships on a spiritual level. We look forward to every moment spent together, which cultivates our enthusiasm for the future, embracing a positive mindset as we welcome more beautiful days ahead.





# Our Classes

## Class 5A



順德聯誼總會李兆基中學 LSKC  
中五級甲班團體合照 (2024/2025)



5A is a dynamic and enthusiastic group of students who are always eager to learn and grow. Each student has unique strengths; some excel in academic subjects and receive recognition at school. Beyond academics, they are passionate about sports, the arts, and leadership. Some have won awards in external competitions, while others have represented LSKC in the Inter-Schools Sports Competition. Whether on the football field, basketball court, or track, they compete with determination, achieving victories and making our school proud.

Our student leaders are essential in organizing activities and motivating peers. In our class, we value curiosity, creativity, and collaboration, turning every lesson into a chance to explore new ideas and challenge ourselves.

We hope that the students of 5A embrace their uniqueness. By being authentic and confident in who they are, they will find greater success and fulfillment in life.



# Our Classes

## Class 5B



順德聯誼總會李兆基中學 LSKC  
中五級乙班團體合照 (2024/2025)



This year, we have cultivated a myriad of unforgettable moments during our picnic, Sports Day, board decoration competition, inter-class dodgeball competition, and CSD Study Tour. These experiences will undoubtedly resonate in our hearts. We can hardly believe that we have completed half of our senior school life, which signifies that graduation is approaching swiftly. We aspire to create even more remarkable memories together in the coming year. While we anticipate numerous challenges ahead, we are confident that we can overcome them through our utmost dedication. Wishing everyone immense success in the DSE! Best of luck!





# Our Classes

## Class 5C



順德聯誼總會李兆基中學 LSKC  
中五級丙班團體合照 (2024/2025)



Class 5C has had a fruitful year, demonstrating a positive attitude toward their studies and steady progress in academic performance. The students have shown dedication and responsibility in their learning, preparing themselves well for the challenges ahead as they approach their final year before the HKDSE.

In addition to their academic efforts, the students have actively participated in various extracurricular activities and taken on leadership roles in school houses and clubs. These experiences have allowed them to develop essential skills such as teamwork, communication, and organization, contributing not only to their personal growth but also to the school community. As the students enter their final stretch before the public exams, they are encouraged to continue working hard while maintaining a balanced lifestyle. Staying healthy and managing stress effectively will be crucial for achieving their goals.

Class 5C has shown great potential throughout the year, and we are confident that with continued effort and focus, they will achieve success in both their studies and personal development. We look forward to witnessing their growth and accomplishments in the coming year.



# Our Classes

## Class 5D



順德聯誼總會李兆基中學 LSKC  
中五級丁班團體合照 (2024/2025)



Under the golden sunshine, our class gathered for a day we'll always cherish. Our vibrant 5D classmates beamed with infectious smiles, igniting genuine happiness. A spirited group of boys and girls, with arms draped over one another's shoulders, radiated genuine happiness with wide, effervescent smiles. Their friendship is a treasure chest, filled with laughter brighter than a thousand suns. Like an unlocked treasure chest, we shared stories and laughter that echoed across the park. Our friendship painted the ordinary afternoon with extraordinary colors.





# 班別 中六

## Class 6A



順德聯誼總會李兆基中學 LSKC  
中六級甲班團體合照 (2024/2025)



Class 6A radiates energy and enthusiasm, embodying a spirit of active engagement and camaraderie. Their dynamic interactions foster a nurturing environment brimming with affection and support. As they navigate their academic journey, we envision a luminous future for each member of Class 6A. May their passion, unity, and hope propel them toward success, both in their studies and in shaping a promising future.



# 班別 中六

## Class 6B



順德聯誼總會李兆基中學 LSKC  
中六級乙班團體合照 (2024/2025)



There are 31 students in the Form 6B class, 13 girls and 18 boys. They hail from diverse corners of the world, having met by chance and forged lasting friendships. Over the past six years at this school, they have acquired a wealth of knowledge and still have much to learn. Their strengths are not only remarkable but increasingly exceptional. They have won numerous awards and have consistently contributed to the school community. This institution will forever cherish their contributions. With the B in 6B, I hope they embody the following characteristics and venture forth into the future to craft narratives that belong to both themselves and us.

- Beauty: beautiful and elegant
- Belief: firm belief
- Benevolent: kind-hearted and benevolent
- Bold: courageous and fearless
- Bright: bright and brilliant
- Burn: ignite youthful passion





# Class 6C



順德聯誼總會李兆基中學 LSKC  
中六級丙班團體合照 (2024/2025)



6C is a vibrant group of diverse individuals, each possessing unique talents and aspirations. Over the past three years, they have navigated challenges and celebrated achievements, forming lasting friendships along the way. From academic excellence to creative endeavors in arts and sports, this class has demonstrated resilience and collaboration. As they prepare to embark on new adventures, they carry with them cherished memories and valuable lessons. Graduation symbolizes not merely an end, but the commencement of exciting opportunities and pathways ahead, as they step confidently into the future, ready to make their mark on the world.



# Class 6D



順德聯誼總會李兆基中學 LSKC  
中六級丁班團體合照 (2024/2025)



### Cross-Country Competition (7.11.2024):

We proudly carried our class flag around Kwai Shing Circuit during our final Cross-country Competition. After running around the manor, we participated in a relay lap alongside other classes. In the picture, we showcase our class flag and T-shirt -- featuring a whale breaking free from the D-shaped frame.



### Sports Days (11-12.11.2024):

During the last sports day, we held our flags and ran multiple laps around the sports ground, embodying youthful exuberance and passion. Despite having the fewest members in our class, we proudly secured second place in the graduation relay. We are immensely proud of our athletes.

### Photo taking Day (19.11.2024):

On that day, we were all exhilarated to capture moments in our graduation gowns. As we looked at one another, we would recall all the cherished memories we've formed on campus. Graduation felt like a distant thought, filled with laughter.



### Games Day (20.12.2024):

After months of preparation and rehearsals, we successfully delivered our graduation performance and enjoyed various dance and singing competitions. Following the festivities, we gathered in the party room to celebrate, capturing this photo and creating lasting bonds and memories in our hearts.



# Honors & Awards

## 全人發展

- 2023-2024 荃葵青優秀學生選舉：
  - 高中組優異獎：周美吟
  - 初中組優勝獎：曾凱儀
- 2024-2025 荃葵青優秀學生選舉：
  - 高中組優異獎：黃家鋒
  - 初中組優異獎：李晉亨
  - 嘉許狀：謝友杰、盧紳瑩、陳冰妍、陳佩琦、余日彤、黃禮信、劉卓霖、林泳欣
- 2024-2025 荃葵青傑出學生選舉：
  - 優異獎：陳冰妍
- 中五丁黃啟明獲選為香港紅十字會(青年及義工事務部)新界西總部傑出紅十字青年會員。
- 中五乙冼桐宇於全港傑出紅十字青年會員2025選舉獲選為傑出會員。
- 中二丙刁勝藍獲選為第二屆香港故宮學生文化大使。

## 數理科技

- 香港教育大學舉辦STEAM奧林匹克(STEAMlympics)比賽。我校派出一隊五名學生參賽，產品能透過鏡頭拍攝運動員跑步姿勢，編寫程式以分析運動員跑姿，提出改善建議。奪得中學組最佳概念獎。成員包括：
  - 中四丙陳振鵬、中四丁范穎誌、中五丙胡志恆、中五丁陳冰妍、中五丁陳佩琦
- 中一乙蔡羽傑、中三甲勞浚棋、中三乙張煜滄參加2024學而思盃-全港奧數精英挑戰賽獲三等獎。
- 2024香港數學及奧數公開賽銀獎銅獎
- 泰國國際數學競賽初賽2024-2025(香港賽區)獲獎如下：
  - 金獎：中三甲陳宣政、中三甲勞浚棋、中三乙張煜滄、中五丙胡天樂、中六乙鄭樂恆、中五丙黃健軒
  - 銀獎：中一甲馬可瑩、中一乙孫子揚、中二丙江肇遠、中三甲陳奧宇、中四丙伍思齊、中四丁龍正皓、中五丙胡志恆
  - 銅獎：中一乙林奕、中一丙鍾智燴、中三丙李晉亨
- AIGC數碼創意大賽2024獲獎如下：1st runner up：中二乙蘇曉瑩 / Certificate of Merit 優異獎：中二乙胡曉盈
- 大灣區粵港澳大灣區數學競賽預選賽2025(香港賽區)獲獎如下：
  - Gold Award：中三甲勞浚棋、中四丙伍思齊、中五丙黃健軒
  - Silver Award：中二丁謝利、中三甲陳奧宇、中三乙李寶龍、中四丙黃灝浚
  - Bronze Award：中一丁李卓軒、中二丁劉芳冰
- 「華夏盃」全國數學奧林匹克邀請賽2025(香港賽區)初賽獲獎如下：
  - Silver Award：中二乙麥卓軒、中三甲陳宣政、中三乙肖淇勻、中三乙張煜滄、中三乙李寶龍
  - Bronze Award：中一丁李曉磊、中二甲吳景賢、中二丙江肇遠、中三甲陳奧宇、中三甲勞浚棋
- 數學無疆界國際賽初賽2025 Bronze Award獲獎如下：Bronze Award：中三甲陳宣政、中三甲陳奧宇
- 2025亞太區青銳科學(STEM)知識大賽：亞太區青銳文化協會舉辦「2025亞太區青銳科學(STEM)知識大賽」成績滿滿，中五甲張安平、中五丁林曉俊同獲亞軍，中五丙胡天樂獲季軍。
- 中二丙江肇遠於Asia International Mathematical Olympiad Open Contest 2024 Final獲銅獎。
- 2024-2025香港青少年數學精英選拔賽獲三等獎同學計為中二丁謝利、中三甲劉卓霖、勞浚棋、中三乙李寶龍
- 2025香港數學袋鼠競賽獲獎如下：
  - Peak Award：中一丙許軒銘、中二丁謝利 / Elite Award：中一甲馬可瑩、中一丁鄺子謙、中二乙麥卓軒、中二丁李家興、毛浩晞、中四丁龍正皓
- 2024香港學界數學及奧數精英賽獲獎如下：Second Runner Up：中四丙伍思齊 / Silver Award：中二丁毛浩晞 / Bronze Award：中二甲李駿希、中三甲陳奧宇
- 中五丁李嘉琪於2024/25 Creative Infographic Design Competition on Applications of Mathematics for Primary and Secondary Schools奪得Bronze Award
- 42nd Hong Kong Mathematics Olympiad(24-25)獲獎如下：
  - Second-class Honour Certificate：中四丙伍思齊、中四丙黃灝浚、中五丙胡天樂 / Honourable Mentioned Certificate：中五丙黃健軒、中五丙倪曉龍、中五丙胡志恆
- Asia International Mathematical Olympiad Open Contest - Semifinal 2025獲獎眾多，包括：
  - Silver Award：中二乙麥卓軒、中二丁謝利、中五丙黃健軒 / Bronze Award：中二丙江肇遠、中三甲陳宣政
- Global Mathematics Elite Competition - Hong Kong Preliminary 2025獲獎如下：
  - Mathematics Bronze Award：中一甲馬可瑩、中一丙許軒銘 / Mathematics Bronze Award & Olympiad Bronze Award：中一丙蔡羽傑
  - Mathematics Gold Award & Olympiad Bronze Award：中四丙伍思齊
- Hong Kong & Macau Mathematical Olympiad Open Contest cum Asia International Mathematical Olympiad Open Contest Trial HKMO & AIMO OPEN獲獎如下：
  - Gold Award：中五丙黃健軒、中五丙胡志恆 / Silver Award：中二乙麥卓軒、中二丙江肇遠、中二丁謝利、中三甲勞浚棋、中三乙肖淇勻
  - Bronze Award：中三甲陳宣政、中三甲陳奧宇
- Hong Kong International Mathematics Olympiad Semi-Final 2025 獲獎名單：Silver Award：中一乙孫子揚、中五丙林珏彥
- Hong Kong International Mathematics Olympiad HEAT ROUND 2025 - HONG KONG REGION獲獎如下：
  - Gold Award：中一乙孫子揚、中一丁陳宇軒 / Silver Award：中一丁李曉磊、中四丁龍正皓 / Bronze Award：中五丙葉國軒、中五丙林珏彥、中五丁楊卓峰
- Hong Kong Mathematics & Math Olympiad Challenge 2025獲獎如下：
  - Gold Award：中二丁謝利 / Silver Award：中一丙蔡羽傑
  - Bronze Award：中一甲馬可瑩、中一丙鍾智燴、中二甲李駿希、中二丁劉芳冰、中四丙歐陽未未
- Huaxiabei National Mathematics Olympiad Invitational Competition 2025 Hong Kong District Final 獲獎名單如下：
  - Silver Award：中三乙肖淇勻 / Bronze Award：中二丙江肇遠、中三甲陳宣政
- Math Conception (數學思維大激鬥2025)獲獎者計有：Gold and Merit：中一乙孫子揚、中五丙胡志恆



# Honors & Awards

## 文化藝術

- 中二丙班參加第76屆香港學校朗誦節粵語詩文集誦，榮獲冠軍。
- 中三丙林泳欣於第76屆香港學校朗誦節獲亞軍。
- 我校代表於第三十一屆葵青區中國象棋比賽獲中學組團體冠軍，成員計有中一丁陳浩航、李曉磊、中二梁嘉鴻、中二丙范振朗、中三甲陳宣政、勞浚棋
- 9th Hong Kong Schools Elite Speech Festival 2024成績如下：
  - 中三丁黃禮信2nd Runner up
  - 中五丁黎芯悠1st Runner-up
- Hong Kong Schools Elite Speech Festival (第九屆全港校際菁英朗誦節)獲獎名單如下：
  - 冠軍、全場總冠軍：中三甲陳奧宇
  - 亞軍：中一丁陳宇軒、中一丁余煒靈、中三乙洪俊毅
  - 季軍：中二丁劉芳冰、中三丁張峻源
- 理大全港中國歷史論文比賽2024喜獲創見大獎，得獎者計有：中五甲謝友杰、中五甲冼桐宇、中六乙梁佩瑩、中六乙司徒焯嵐
- 76th Hong Kong Schools Speech Festival獲獎眾多，計有：
  - 1st Runner-up：中四甲曾建聰
  - Certificate of Merit：中一甲鄧祺隆、中一丙劉斯辰、中一丁王卓盈、中二甲林柏翹、中二乙馬雋翹、中二丙江肇遠、中二丙羅浩華、中三甲余美希、中三丙梁晞霖、中四乙羅子淇、中四乙黃樂霖、中四丙張晞晴、中四丙吳啟源、中四丁曾凱儀、中五丙黎梓揚、中五丁黎芯悠
- 中六丙谷嘉怡於順德聯誼總會2024青少年暑期活動繪畫比賽獲冠軍。
- 中五甲張安平於Generatiotech Design Challenge 2025獲Winner大獎。
- 中四丁曾凱儀於香港浸會大學語文中心主辦大學文學獎憑作品《面具》榮獲「少年作家獎」。
- 中五丙黃家鋒參加教育局公益少年團電影欣賞及徵文比賽獲季軍。
- 四位同學參加數據教練港運會2025(MVPA60 x PT Challenge 2025)獲丙組冠軍，成員如下：
  - 中一甲林晴熙、中一乙冼熾芯、中一乙鄧子晴、中二乙麥焯喬

## 體育活動

- 中五甲蘇韻彤入選中國香港板球代表隊，遠赴山東濟南參加「全國青少年板球錦標賽 - U19」；並於上海參加「全國板球錦標賽 - 專業組」，協助港隊兩項賽事均勇奪亞軍。2024年10月遠赴浙江參加「中國板球聯賽」並勇奪冠軍，為港爭光，可喜可賀！蘇同學曾遠赴烏干達參加「Women's Day Cup 2025」，勇奪季軍！
- 我校參加Lutheran Cup - 60th Anniversary Handball Tournament，於女子組得獎如下：
  - Girls U15得季軍，成員有：一丁黃詩晴、二甲黃詩雅、三甲張焯堯、三乙朱緯嘉、三乙李嘉儀、三丁鄭凱瑩、三丁莫心怡
  - Girls U19得季軍，成員有：四甲吳秋瑩、四乙李悅希、五乙關巧兒、五丙陳祉澄、六甲李梓祺、六乙范思祺、六乙關紫琳、六乙李嘉薇、六乙潘寧怡、六丙陳芷琦、六丁謝鈺琳
- 一丁嚴韻俊參加2024年飛耀龍城國慶游泳分齡邀請賽，勇奪男子12歲組別50米背泳銀牌。
- 港青京士柏健球校際錦標賽2024 - 2025女子U19碟賽得季軍，成員計有：
  - 中二乙朱靖茵、中二丙沈緯悠、中四甲麥曉婷、中四乙梁琬琳、中四乙姚佳君、中四丙歐陽未未、中四丁范韻晴、中四丁吳志希、中四丁吳泳怡
- 香港體操總會主辦「2024-2025年度全港藝術體操公開賽」。本校中一丁張苑晴表現出色，全力以赴，於一級初級組中獲得優異成績，包括團體季軍、帶操第五名、棒操第七名、球操第八名、個人全能第五名。張同學亦曾於二零二四年十一月期間遠赴泰國參加3rd Wan-jun Gymnastics Club and SSRU Competitions，榮獲十二歲組別團體操銀獎、球操金獎、棒操銀獎、帶操銅獎。
- School Sports Programme - Outreach Coaching Squash Team Competition 2025獲得2nd Runner-up，成員有中一丙章梓茵、中二丙周雨澄、吳美琳。
- 中二丁張朗程於中國體育彩票2025年廣州擊劍公開賽Boys (U16) Sabre Team Competition獲Champion大獎。
- 粵港澳體育舞蹈錦標賽：中一呂沛琳於第一屆「黃大仙盃」粵港澳體育舞蹈錦標賽表現出色，於13-15歲拉丁舞分組賽中獲得優異成績，包括單項組C第一名、單項組J第一名、三項組CRJ第一名、單項組R第二名、單項組S第二名、雙項組CR第三名、雙項組CJ第三名。
- 中四甲張誠軒於2024-2025全港中學校際體操比賽男子甲組中表現卓越，勇奪個人全能冠軍，單項奪兩金兩銀，包括：個人全能冠軍、單槓冠軍、雙槓冠軍、自由體操亞軍、跳馬亞軍。
- 中五乙鄧昊俊於香港課外活動主任協會主辦「2024-2025香港課外活動優秀學生表揚計劃」表現傑出，獲選為優秀學生。
- 中三乙李瑤敏於2025/26 Hong Kong Open Water Swimming Competition Series (Part 1) - Open Group (Women) 3.3KM獲Champion大獎。
- 外展教練計劃之女子五人足球比賽獲冠軍，成員計有中一乙冼熾芯、中一乙鄧子晴、中二丁韓諾欣、中三乙陳潔君、中三乙朱緯嘉、中三乙李嘉儀、中三乙蘇穎淇、中三丙許穎嵐、中五丁王恩琳
- 港青京士柏健球校際錦標賽2024-2025(男子U15)男子組碗賽季軍，成員計有：中一乙蔡俊霖、中一乙黃浚騏、中一丁李卓軒、中二甲陳皓軒、中二甲鄭朗義、中二甲劉曦灑、中二丙馮錦賢
- 中一丙章梓茵、中二丙周雨澄、中二丙吳美琳參加中國香港女子板球隊代表——2024年「一帶一路」女子T201四角系列賽，獲季軍。
- 校園四人足球 - 挑戰盃2025(男子U15)碟賽獲季軍，成員計有：中一甲劉卓琦、羅皓泓、中一乙黃凱浚、中一丙張靖、中二甲李偉恒、中二乙洪浩銘、中三甲殷樂穎、中三丙李宇軒中三丙梁凱勳
- 第二屆YMCA盃男子排球賽獲季軍，成員計有：中三丁鍾耀瞳、中三丁翁梓揚、中四甲陳澹明、中四甲鄭永泰、中四甲張誠軒、中四甲曾憲濠、中四乙林子豪、中四乙莫維君、中四丁江名軒、中四丁王浩謙、中四丁黃天俊、中五甲黎偉言、中五乙蔡子廷、中五丙黃警懷

葵青區中學分會校際體育錦標賽不一而足。



## 班際寫作比賽 中五級冠軍 中五甲 洪偉鵬

### 《隨俗與脫俗》



乙巳之春，時維正月。草木萌發，蝶舞於花。百戲紛羅，八珍芳鮮。珠履統綉，身穿新衣珠貫而行，絡繹而熙攘者，皆為隨俗之人。余獨東出以流憩，忽聞琴聲悠揚，循小道徑，茂林修竹，青溪漱石，至一山亭，見一鶴髮翁，獨坐品茗。神態悠悠然，乃職市井。翩翩乎如出塵脫俗，澹泊逸群。怡怡乎如竹林七賢，恬淡而逍遙。

其欣然相迎而邀余共飲，余果之，故曰：「先生何獨處山林？豈非與親朋慶佳節乎？」曰：「吾質性自然，厭塵囂俗事，愛好清幽之地，可養吾心。」余問曰：「先生何不隨俗而處？」翁笑曰：「隨俗之人，隨波逐流，失其本性。脫俗之人，超然物外，逍遙無礙，自得其樂。觀乎山中白鶴，翱翔雲巔，不戀紅塵。溪上之魚，悠游自在，庸逐俗世？若夫五柳先生之歸隱，樂琴書消憂。王維之山居，徜徉山水。楊朝英之瘦影疏梅處，躬耕自食。醉翁之樂於四時之景，頹然乎其中，何須隨俗而處？」先生之言，於我心有戚戚焉。顧余念之，人生在世安能消極避世以脫俗？昔人云：「聖人能與世推移。」或曰：「和光同塵。」譬若蟻之隨俗浮沉，順勢而為，結群而行。力雖渺小，而石可移，事可成矣。是故隨俗之人，識時務者也。方今之世，為人隨俗圓滑，處世之道也。可謂長於方圓，左右逢源也。孰能方正脫俗而見孤於人耶？

驚然，鶴鳴破空而來，聲聞於天。翁復言：「白鶴超群脫俗，其御風而飛，直上雲霄。翩然超脫，卓然高潔。不染塵囂，逍遙物外，不以物役，不以事牽，忘紅塵俗世，何慮之有？」

對曰：「然世道多舛，當應運而為。苟人人皆效先生，脫俗隱逸，忘我逍遙，何以興邦立國？是以處世之道，應隨俗而變，與世推移。」觀游魚，瞻飛鶴，一者順流而下，群而不亂，一者成群結隊，排列井然，順時而翔。

翁臨溪而觀，曰：「子獨不見水與萍乎？激流潺潺，奔騰不息，游魚隨波逐流，疲於奔命，無所止也。而媚世俗之人，汲汲營營，「為利慾薰心，逐物失己。惟蓮之出淤泥而不染，扎根於泥，葉浮於水，澄淨守正，清雅脫俗，生於泥而不為泥污，處急流而不隨波逐流。至若水之就下，其隨俗浮沉，而又善利萬物而不爭，恬靜脫俗，不慕名利。古人云：『小隱於野，大隱於市。』然則脫俗之人，非忘世也，猶可身居塵囂，自得其樂，既與世同行，亦心清志遠。」

余聞之，心有所悟。嗟乎！隨俗之人，汲汲營營，易失其本心。脫俗之人，與世隔絕，易失其情。二者各有得失。人生在世，當隨俗而不失其節，脫俗而不失其情，不偏不倚，相輔相成，合於中庸之道。內守其節，外兼人情，二者得兼，無往而不利矣。

## 班際寫作比賽 中四級冠軍 中四丁 曾凱儀

### 《假如只有一種聲音》



我緩緩張開雙眼，手術室的頂燈滲進了眼的縫隙，原來這就是睜開眼的感覺……我看見數個光圈照亮自己的上空，向四周擴散，延伸，扎進我的瞳孔中，有些許刺眼。不由自主地抬手遮擋光線，我看見手指的邊緣被鑲上白邊，在空中揮動。指縫中竄出來的光強勢地鑽進我的瞳孔，飛速直達我的胸腔，撬開那封塵已久的靜音鍵，那顆心臟在胸腔內不停抽動。我感受到胸腔裡肆虐的激蕩，這心潮澎湃的感覺彷彿要將整個身體都吞噬，連耳膜也在跟著共鳴，這洶湧的心跳聲響徹整個世界。我想，假如只有一種聲音，那麼，我找到了。

手術室的亮光映在我的眼角膜上，隨著劇烈的心跳聲而被震碎，均勻地散落在整個眼球上，眼前一片花白，與那車禍發生前，車頭燈朝自己的同樣刺眼。兒時的車禍使我分不清白晝和黑夜，分不清腳下是平地還是泥濘，分不清自己是睜著眼還是閉著眼。成為一個「瞎子」後，兒時的無知使我感受不到內心的波瀾，只是一味地把進入耳朵的聲音放大再放大。

十歲的自己，總愛拄著杖去公園走走。我細細地聽著導盲杖敲打在水泥地上清脆的聲音，往前走兩步，「窸窣窸窣」的聲音從腳底傳遞至耳腔，我大抵是踩到草地上了。一陣悅耳動聽的響聲在頭頂縈繞，那聲音忽大忽小，間斷地停歇一會兒，「是小鳥唱累了吧？飛走了？」我無從知曉。遠方傳來急促的腳步聲，如遠古時期的猛犸象在草原上肆意奔跑。孩童們的笑聲似一顆顆晶瑩剔透的露珠，我的耳朵亦好似被洗滌了一般，偶爾還能聽見小孩哼著歌兒，一蹦一跳地經過我的身邊。「他們在玩貓抓老鼠吧？他們會不會撞到我呢？」眼前黑漆漆的世界好似被濃墨染黑了這無邊的天際，我置身黑暗中冒險，只有不同的聲音引領我向前，挺有趣的。但沒有一種聲音像救星一般點亮我腳下的路，我只能繼續尋找。

我繼續摸索著，即便看不見自己的手指伸向何處，但指尖卻摸到了一灘黏膩膩的東西——是奶油。它牽著我的手，一把把我拉回到小學六年級的生日派對上。



端正地坐在母親安排好的座位上，手搭在桌上，聽見一個重物放在桌上時發出的沉悶聲響——是蛋糕。我聽見一堆小孩激動地拍打著桌子以及他們看到蛋糕時的驚歎聲。後來才知道是母親為了讓我去公園溜達時不被別的孩子欺負，便把公園裡的小孩請到家裡開派對。然後傳入耳道的便是打火機打火時的按鍵聲，點燃了蠟燭，我感受不到半點光亮。微弱的火苗悄無聲息地跳動，我無法猜測蠟燭的位置。「往前點，頭低下來」，一句句指令在黑暗中指揮我，我只感到迷茫。一口氣呼出嘴邊後，一頓嘈雜的掌聲回蕩整個房間，「幸好吹滅了」。背景循環播放著生日歌，孩子們伴著每個音符舞動，跑來跑去地做遊戲，而我能做的只是等待，在他們刺耳的喊叫聲下等待，在歌曲周而復始的節奏下等待……我的內心似一片平靜的湖水，慢慢地淹沒我的全身，想用力地掙扎卻動彈不得。我想聽的並不是這些如同可憐自己的聲音，如此多的聲音卻連我內心一個小小的漣漪也無法激起。我只是在心裡開啟消音鍵，隱藏著反感和無奈的情緒。

我坐在位置上靜靜地等待，等待那場派對的結束，等待那種能令我發自內心高興的聲音從千萬種聲音中朝我奔來。然而，漫長的等待，使我有點不耐煩。對於聲音，兒時的新奇竟悄悄地演變成後來的反感，我已無力尋找。

母親大抵也看出了我的難過，往後的每年生日都在安靜中度過，很多事也讓我獨立去完成，可圍繞耳邊的「指令」似乎從未停下腳步。去餐廳吃飯時，服務員告訴我：「筷子在我的右手邊，調料在我的前面。」去洗手間時，路人告訴我：「往前走點，洗手池在左邊。」去便利店時，收銀員告訴我：「收銀台在我的後面，讓我轉過身來……」越來越多的「指令」進入我的耳朵，彷彿無時無刻不在提醒我，在這光輝燦爛的世界，耳朵是我面對生活唯一的工具。每一種不同的指令，是幫助，但更似可憐。我在青天白日之下卻伸手不見五指，極其黑暗的環境彷彿透不進一絲空氣和光亮，我在失去方向的世界中迷離、徘徊、躊躇，只有自己呼出迷茫、痛苦和悲涼的氣息。如此多的聲音卻再也從中感受不到喜悅和快樂之情。我不願再出門，喜歡待在家裡，拒絕接收來自外面的聲音，按下內心中的靜音鍵後，便任由它在角落中發黃，發臭，最後潰爛。

我繼續等待，直到有一天，我收到手術的通知，讓我到醫院更換因車禍損壞的眼角膜。我有些錯愕，還未等反應過來，我已躺上手術台，耳旁發出「錚錚」的聲響，以及輪子經過地面的聲音，空中飄浮著碘伏的氣味。

好似過了很久，眼睛周圍的肌肉有些疼痛。眨了眨眼，才反應過來自己的手仍舉在空中。我放下手，緩緩坐起身，望見被護士推走的小推車，以及在推車上碰撞而發出「咚咚」響的鐵質器具。此刻我只聽見那劇烈的心跳聲被無限放大，在整個世界迴響。這一瞬間，這如同一股電流傳達至我身上的每一條聽覺神經，使我感受到從未有過的激動。世界上充滿著各種不同的聲音，有人類的聲音、鳥兒的聲音、音符的聲音，但假如只有一種聲音，那麼，就讓這衝破胸腔的心跳聲掩蓋掉一切吧！這無疑是數年以來最美好、最悅耳、最令我陶醉的聲音，使我黯淡如死灰的內心再次燃燒，使密不透風的世界湧進一絲光亮。

盲人的世界如同在一個無形的迷宮中行走，看不見路，也分不清方向。只有數個音響放在耳旁，有些是指令，有些是雜音，有些是自己觸不可及的歡愉。世界上的聲音有千千萬萬種，盲人也有著千千萬萬個。或許重見光明時衝破迷宮終點線的那一種獨有的聲音才是他們一直在萬千種聲音中苦苦找尋的吧。

## 班際寫作比賽 中三級冠軍 中三乙 肖淇勻

### 《快與慢》



我以舊時的中國為卷，向你描繪封建社會下的繁華夢落，悲喜人間；我站在平權運動的風口，帶你與愛一道衝破世俗的打壓，追求獨立自主的人格；我摒棄文言文的桎梏，替那留著一字胡的先生，大罵封建禮教吃人。我向你投以熾熱的目光，你卻只一瞥，轉身去搜尋框內探索如何在片刻間把我精讀。

我問你，可不可以慢下來，仔細品味我的故事？你不屑一顧，言說解讀視頻讓你快人一步。我不明白你何出此言，因為米蘭·昆德拉曾對我說：「慢的程度與記憶的強度直接成正比；快的程度與遺忘的強度成正比。」你就此把我囹圄吞下，也將加速把我遺忘。

請不要說謊，這樣的快只能給你轉瞬即逝的理解，留下內心荒蕪。

我問你，「可不可以慢下來，仔細品味我的故事？」你轉身離去，說早已參透我所感所悟。不，你不懂。

你看見我華麗扉頁上所寫的兒女情長，但漠視我所承載的貴族沒落，朝代興衰；你瞧見愛的相貌平平，貧窮普通，卻忽視她自尊自強，堅韌不拔；你聽聞那「瘋子」，好似妄想被害，可不解他正為了光明怎樣呼喊。你將我拋之腦後，卻追求幾分鐘的影片帶來的淺薄粗略的滿足。

或許你不明白，這樣的快讓你的思維浮於表面，失去了耐心品讀和思索。

我瞭解你，置身於快節奏的時代，追求速度無可厚非。但快，也可成為一種束縛。他人把自身思想磨碎，只需幾十秒的影像便可飛速傳播，你迅速理解並接受，而後不再思考。那，你個人的見解，大抵也由此禁錮了吧？

但我仍舊望向你，何不給予回應？

你只需匆匆轉身，把我捧起。撲鼻的書香，或是閃亮的電子屏，都是我的載體。請你仔細品味我的故事，用緩慢而沉靜的思考，透過我，找自己。



## Outstanding Writing

### 班際寫作比賽 中二級冠軍 中二丙 劉展宏 《我最想念的人》



在一生當中，我們的歡樂，離不開別人和我們一同創造的。但給我們留下獨特而美好時光的，往往是同一屋簷下的親人。但雖如此，他們總有離開我們的時候，他們曾經的身影也成了我心中的思念與牽掛。而我最想念的人，一定是我爺爺。真是「曉看天色暮看雲，行也思君，坐也思君……」我，真的好想你。

六年前，爺爺在家裡心肌梗塞發作，送去醫院搶救不治。放學回到家的我，父母把這個噩耗告訴我，不能接受這件事的發生，也沒見他最後一面……我躲進房間裡，只是一吸一頓地抽泣，因為真正痛的，是心。我默默拿起我和爺爺合照的相框，讓我陷入了那段回憶……

以前，由於父母長期在外地工作，沒有時間照顧我。但我並不感到孤獨，因為我的爺爺一直陪伴著我。小時候的我十分調皮好動，經常給他惹麻煩。有次，我不小心打爛了爺爺最喜歡的古董，碎片分散在地上，讓我摔了一跤，疼痛不已。爺爺看見後，立刻抱著我到床上，幫我包紮傷口。「乖孫，還痛嗎？」他溫馨地問候我，我搖了搖頭。「你不責怪我嗎？將您最珍貴的東西弄碎了……」「傻孩子，哪有比我的乖孫還珍貴呀，你就是我最珍惜的寶！」我瞬間熱淚盈眶，一下躺進他的懷裡，他撫摸著我的頭，笑了笑。那一刻，我深感幸福。那天以後，我便不再搗亂，不給他添麻煩了。也許是他的愛，驅散了一切不好的事，淨化了我的心靈。

放下相框後，我離開了家，一路走向了那個小花園。在途中的路上，迎面而來的是寒風刺骨的冷風，一陣又一陣，穿了外套的我，還是感到瑟瑟發抖，抵不住寒風。沒有了你平時溫暖的雙手，好冷，我的心，也一樣。抵達小花園，那兒正好有幾幢大廈遮風，使這裡格外的溫暖。走近周圍的鮮花，撲鼻的芬香，聽著樹上幾隻鳥兒的嘰嘰喳喳，令人心曠神怡，是我最喜歡的地方。當我看向最顯眼特別的幾朵鮮紅的百合花，無意間記起了與爺爺的歡樂時光。

每年春天，我和爺爺常常去小花園裡賞花。雖然沒有人來，但我們有空的時候就到那裡聞清新的花香，看那百花齊放，聽著鳥兒唱著童謠，嘗試給我們帶來歡樂，早已成為我們的遊樂場所。爺爺拉著我的手一邊走，一邊賞花，感受花的芬芳與魅力。「那是什麼花，竟然可以這麼鮮豔漂亮！」他笑了笑說：「是紅色百合花，是這裡綻放得最美的花，也是我最喜歡的花，乖孫眼光真好！」我也笑了出來。賞完花後，我們坐在長凳上，仰望著蔚藍天空與空中自由翱翔的小鳥，感受涼風吹拂在臉龐，聽著樹葉的簌簌聲，和爺爺愉快地聊天，他總是掛著微笑，慈眉善目，和藹可親，讓我忘記眼前的煩惱，同時給予我最美好幸福的童年。他便是對我最好的人。

賞完那些花後，我在那裡待了一會兒。儘管眼前的美好便是如此，但看著蒼白的天空和這裡的一切，也許是他的離去，讓這裡少了一番色彩和生機。我也便慢慢地離開了這裡回家。

轉眼間，幾年過去了，時光荏苒。回到現在，我還是照樣過著生活，也慢慢獨立長大了。自從爺爺離開這個世界後，我便再也沒怎麼去那個花園了。直到有一天放假，我無事可做，便來了久違的小花園裡逛，想回味下我們曾經走過、看過的地方。到了那裡，看見一對祖孫在那裡徘徊，他們拉著手，很開心地在賞花邊聊邊笑。這番景象像似了我們曾經的背影，讓這裡重染色彩。我看著他們，也感到一番溫馨。我走近那些鮮花，無意間發現多了幾朵紅色百合，綻放得如此美麗。想必在天堂的你，看著您最喜歡的花，也會因此而感到開心吧！我流下了淚水，想起了我們的曾經。我多想你可以陪我再久一些，一起玩、一起看、一起笑，可惜當初的我年紀太小，不知如何報答您對我的恩！這麼多年過去了，我還是忘不了您陪伴我的點點回憶，依然記在心中。「天涯地角有窮時，只有相思無盡處。」我的心聲與牽掛，天上的您，都聽見了嗎……您的乖孫，想你了……



### 班際寫作比賽 中一級冠軍 中一乙 黃澄恩 《那街角的店舖》

在這個時代，人們總是行色匆匆，彷彿被生活的巨輪推著向前奔跑。而我，在這座城市的喧囂中，卻有幸邂逅了一個溫暖的角落——那街角的店舖，以及那位如陽光般溫暖的老闆娘。

「生活不止眼前的苟且，還有詩和遠方。」這是老闆娘常常掛在嘴邊的一句話。她的小店並不起眼，卻藏著無數平凡生活中的詩意。她的店裡什麼都有，大大小小的貨架上擺放著大多數人童年的回憶。每次走進這裡，都像是走進了一個小小的避風港，讓我從生活的喧囂中暫時抽離。

我第一次走進這家店，是因為一場突如其來的暴雨。那天，我正匆匆地往家趕，卻被瓢潑大雨困在了街角。無處可躲的我，推開了這家小店的門。「叮叮」清脆的鈴聲圍繞在我的耳邊，老闆娘看見我狼狽的樣子，笑著給我遞了一條毛巾：「孩子，擦擦吧，別著涼了。」那一刻，我感受到了一種久違的溫暖，就像在寒冷的冬日裡，突然擁抱了一縷陽光。

「人生就像一場旅行，不用在乎目的地，而在乎沿途的景色。」老闆娘一邊整理貨架上的商品一邊說。她的聲音好像有一股神奇的力量，總能驅散我心中的陰霾。看著她忙碌的身影，在這個小小的店舖裡，有著一種別樣的寧靜和美好。

之後，我便成為了這家店的常客。我有時會懷疑老闆娘是天才，她總能在我需要的時候給予我有效的建議。她無時無刻都笑著，眼神中透著從容和智慧。她的每一句話，都像是顆顆珍珠，串連起我生活的點滴。可就是這樣一個天才，在這裡經營了好多年，從未改變。

如今，我已經離開了那座城市。可那街角的店舖和老闆娘的微笑將永遠留在我的心中。她是我人生的燈塔，照亮了我前行的道路，讓我在「生活」這片海洋中，永遠不會迷失方向。就像泰戈爾所說：「當你為錯過太陽而哭泣時，你也要再錯過群星了。」



## Outstanding Writing

### 2C Kwok Sing Yu (HKFYG - public speaking contest)



2C Kwok Sing Yu participated in a public speaking contest organized by HKFYG this year. She is the semi-finalist. Below is her script.

#### The Earth is giving out SOS!

Nowadays, many people live in abundance and do not know what it means to "cherish." Everyone assumes that the things they have are natural and unlimited, but they never consider that many people in the hinterland are encountering shortages of water and electricity. According to a survey conducted by the Water Supplies Department, 2.91 million cubic meters of water are used, while the average annual rainfall is only 2,431.2 mm in Hong Kong. If there were no water and trees on Earth, can you imagine what would happen? Every minute, we are wasting resources on Earth, such as water, electricity, and trees. Due to economic growth, many goods have become easier to buy, which unfortunately has made wasting resources commonplace. The Earth gives us a wide variety of resources; how can we not be grateful but continue to waste them? Wasting resources is a serious problem. Luckily, there are some solutions we can adopt.

Firstly, we should use fewer resources. For example, when it comes to water, we can take showers instead of baths and keep our showers short. This can significantly reduce water usage. In terms of electricity, we should turn off the lights when no one is in the room. Additionally, we should avoid turning on the air conditioner when the temperature is below 28°C, and set it to around 23°C when in use. If you do this every day, you will find your bills become!

Secondly, we can reuse resources. For example, rice washing water can be used for irrigation. After washing rice, this water is rich in phosphorus, nitrogen, and other nutrients essential for plant growth. It is not only good for flowers but is also environmentally friendly. In addition, we can reuse paper by using both sides and recycling it for crafts like origami.

Lastly, we should recycle more often. Materials such as plastic, paper, metal and glass can all be recycled. This is a long-term solution; if Earth's resources are continuously recycled, we will not need to worry about them running out.

In summary, if we can follow the 3Rs—reduce, reuse, and recycle—the resources of Earth will be a perpetual gift for all of us. Let us enjoy the Earth's resources with grateful hearts!

### 3D Wong Lai Shun (Solomon - Junior Elevator Pitch)



3D Wong Lai Shun joined the Junior Elevator Pitch organized by the Solomon Group this year. Participants were asked to come up with a new idea / gadget / product / service to solve a social problem. He is the semi-finalist. Below is his script.

Let me paint a scenario: you bought some groceries and planned to store them in the fridge. However, you discovered that you already had some food inside, and it had expired! Oh no! What would you do?

Never fear, the "Smart Fridge" is here. With this innovative technology, you can easily keep track of the expiry dates on your food and make the best use of your ingredients to reduce food waste. Simply place the items in the fridge, and it will automatically scan their expiry dates. A few days before any item expires, it will alert you and even suggest recipes to help you utilize your ingredients effectively! Smart Fridge: Reduce waste and hassle in your life!



## 5C Lai Tsz Yeung (Halfway Home XV)

5C Lai Tsz Yeung Curtis wrote a story on the theme 'Birth' and was published in 'Halfway Home XV', a book by City University of Hong Kong. Below is his story.

### Birth & War

Tick, tock, tick, tock.

The sound of the clock ticking fills the awkwardly silent and tense room. Suddenly, there was a loud sound, followed by a blinding light – a bomb just exploded nearby. No one could see anything in the room for a while, and when I regained my vision, there it was. A miracle. A miracle of life – a baby was just born in front of me. Its cries override the ambient noise, as I watched it crawl its first few steps on the operating table.

The world was dancing in a pool of blood, with more young souls soon to be blown up into meat chunks. I was lucky not to have been drafted into war. See, I graduated medical school back in 39', and have been a surgeon for nearly 5 years with countless successful operations. With the seemingly endless battle, it's only a matter of time until I get drafted onto the frontlines, helping the wounded regain their combat effectiveness, at the cost of my own life.

Over these years, countless tragedies have occurred. Despite being kept safe in the capital of London, several attempts by the German army have breached our top of the line defenses. The air raid sirens sound, then everyone was thrown into a panic, abandoning their work and seeking for survival. But for the women and children in the hospital, they wouldn't have a chance of surviving the hellish aftermath of these bombing runs. As surgeons, you really can't abandon these helpless souls and prioritize your own.

Every day, I walk into the gates connecting heaven to earth everyone calls the hospital. Looking around, there are terrified women worrying about the ongoing warfare and their babies' future, some even bruising themselves in the process. Standing in the middle of the room, countless injured soldiers and pregnant women are waving at me, waiting for their operations. It truly is quite the sight to see how a singular person can bring joy to so many others.

However, motivation doesn't last forever. War was declared nearly a decade ago, with no negotiations being held, nor the hope of a peace treaty. These newly born babies are the hope of our country. At least, if they could make it to adulthood and defend our homeland. Every day, it is a torture to the mind to see powerless babies weep their pathetic tears as hell is brought to the mortal world.

It was late spring; another work day at the hospital. On my way there, birds were chirping, the sun was shining, then everything was interrupted by a sudden attack. Buildings were crumbling and rubble filled the streets. Several people hardly escaped from being consumed by the debris and many more ran for their lives. Regardless, the patients were promised help. I cannot break that promise, I thought to myself.

Everything was going fine until the fifth or so surgery. On the way to the hospital, a building almost collapsed on me. I didn't think much about it since I had to get to the hospital as fast as possible, but then it came back to haunt me. A vivid image soon appeared before my very own eyes, with... my late brother in it?

I saw myself when I was still young – around 5 years old, 28 years ago. My mother was having another baby. Three grueling hours waiting outside of the operating theatre passed, and I saw him - His eyes were big; his face was chubby; his laughter was heart-melting. It was like an angel had descended from the heavens and gave me this perfect brother. However, my smile was soon turned upside-down as I heard from the doc, "I'm sorry, your mother didn't survive the procedure. She was too stressed and had a cardiac arrest in the middle of the operation." Nonsense! I thought. It must've been a problem caused by the surgeon. My mother was perfectly healthy! My mind flooded with thoughts of hatred, and then, that was when I wanted to become a surgeon. A surgeon better than the one who killed my mother.



I saw another memory. My baby brother showed signs of sickness by day 3 and my father thought he would have been fine. His assumptions were wrong however. Day by day, my brother's health declined. He tried to cry for help but to no avail, overlooked as having nightmares or other unimportant needs, and when he was just 9 days old, he suddenly collapsed on the floor, never to wake up again. It turns out warfare doesn't only cause destruction. There are many other social problems that arise with it, such as the lack of food and water. Without essential supplies, my brother started starving, losing his energy, and inevitably, he passed away.

Remembering these scenes, thoughts of self-doubt emerged from deep inside my mind. What if I make a mistake, costing the lives of innocent women? I am creating life, just for the consequences of war to take them away. Or maybe, being a surgeon isn't a gift, but a punishment? There I stood in the surgery room, when another baby was just born. Its cries bring grim tension into the room, amplifying the depressing reality that is a meaningless war. I couldn't live like this anymore. I wish to mourn for the many unfortunate souls, all alone. The world was better with fewer deaths and fewer people suffering tragedies.

With broken morale, I couldn't operate on pregnant women anymore. The sight of their hopeful, yet terrified faces, juxtaposes my deep, internal sorrow. How could someone this idiotic, commit such inconsiderate acts? As if their lives were jokes - as if bringing them into this world just to be engulfed in warfare was funny.

The radio starts broadcasting a few messages. Sounds like it is from the frontlines. They sound cheerful as they try to tell us something in Russian. Could it be? Could it be the war finally coming to an end? The radio crackles again; this time with a clearer message, translated into English. "We did it! We have successfully invaded Berlin, the capital of Germany! Victory in this war is ours!" A successful invasion. They did it. Maybe there is hope after all. Maybe, these babies don't have to witness the horrors of war anymore.

Gathering myself, I looked at my scalpel, committed to helping those who need medical attention. As I inspected it, there appeared to be a fingerprint left on it. I always wear my gloves during surgery, and thus, shouldn't leave any fingerprints behind. That is when I remembered her. My very own mother, who died giving life to another. As a child, she always told me to be strong and make a difference in this world. What I am doing is not much, but is hiding in a corner, crying about things I cannot change any better? This isn't what my mother taught me. She had the ability to bring life to this world, although costing her own. I have the ability to create life, and why am I wasting it? I feel a flame growing inside me, as if I was just reborn, dedicated to starting surgery once more.

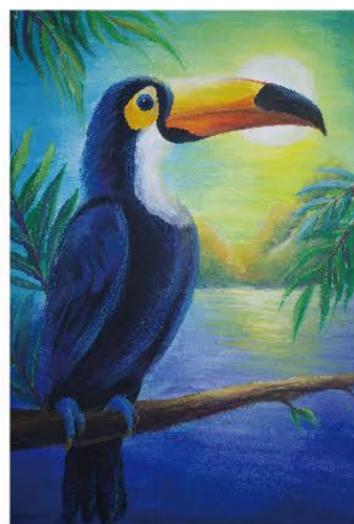
The patient this time was a middle-aged woman. Her hands, beaten by time, tell stories she had experienced. Yet, her spirit was young, cheerful, and energetic. I estimated her to be around 50 years old, not too old to be inconvenienced. As I gave her anesthesia, she started to tell me about some facts of her life. She is a mother of 3, with this being her 4th baby. "I always loved babies. They are like little gifts from god. It's truly miraculous how life could be created. One day, it was just a bulge in me - and the other day, it would become a whole human! Isn't life amazing?" She whispered. She gave a soft smile as she was falling unconscious, knowing the dangers of the procedure. She knows that she is making an impact on this world, bringing hope and prosperity upon this world, even when the world is trying to tear itself apart.

Sweat drips from my head, hitting the ground with a distinct splat. The IV drips at a steady rate, flowing into her body and supporting her life. Medical instruments beep in synchronization as I try to reach for her baby. Every incision was a calculated risk, a gamble against the ticking clock and the relentless pounding of my own heart. Hours had gone by, and I was at the brink of losing my patient. Then, the radio hissed with a new message. "Breaking news – the war in Europe has just ended. The invasion was a success. Congratulations to all military personnel and-" The transmission cuts out, leaving the sentence unfinished.

Then, I heard it. The laughter of a baby.



# Visual Arts Spotlight



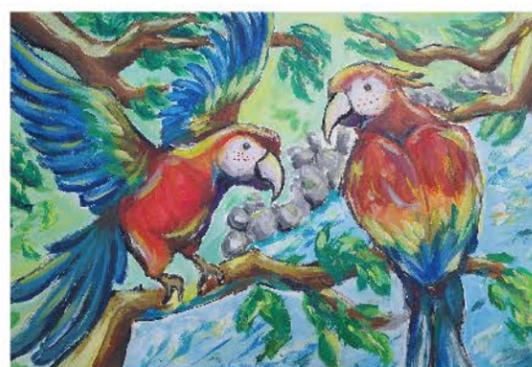
5B Lee On Ying



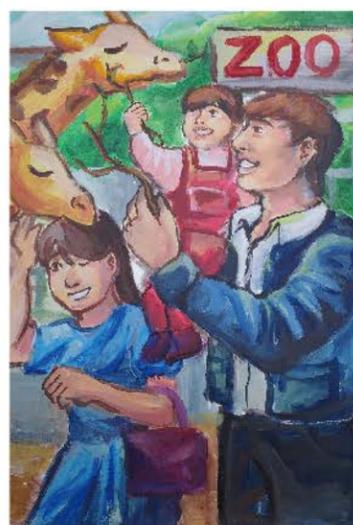
5D Zeng Hoi Yee



6A Lai Ka Yan



6B Chak Tsz Yan



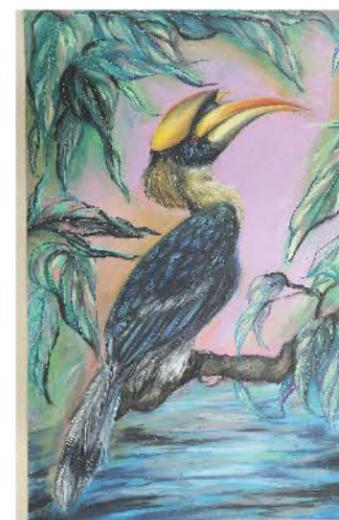
6A Lee Ka Kei



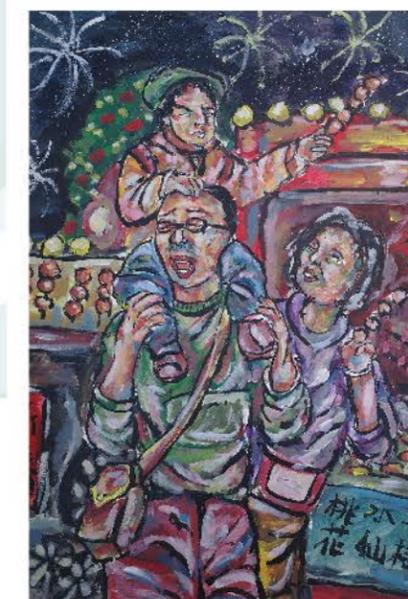
# Visual Arts Spotlight



6C Ku Ka Yi



6D Lee Ka Ki





## 光陰似水逝難追，莫因閒途廢年歲 採訪優秀畢業生鄭樂恆

鄭樂恆，2025年DSE考獲33分  
現就讀於香港中文大學人工智能與計算機科學專業。

在充滿書香的教員室裡，鄭樂恆靜坐於書海之間。當被問及想對李中同學說些什麼時，他沉靜而有力地說出四個字：「珍惜當下。」這句簡短的話語，凝聚了他六年中學生活的深刻體悟。把握當下，高效學習

對鄭樂恆而言，「珍惜當下」意味著充分利用時間，提升學習效率。他分享了自己的學習方法：課前預習讓他在課堂上更容易理解新知識；上課時專心聽講，只記錄重點，避免盲目抄寫；課後及時複習，將新舊知識聯繫起來，形成系統的知識框架。

中五時，鄭樂恆自修化學，面對八科的重擔，他懂得合理分配時間。「當我掌握數學後，就會把更多時間投入到英語和化學這些需要加強的科目上。」這種有取有捨的時間管理，讓他能在繁重學業中游刃有餘。

壓力之下，張弛有度

「我也曾有讀到心情低落、不想繼續的時候。」鄭樂恆坦誠地說。他認為，學習壓力不可避免，但不應該獨自承擔。他會透過與朋友聊天、遊戲或外出活動來放鬆心情。「學習是一場馬拉松，一直全力衝刺是不切實際的，唯有張弛有度，才能走得更遠。」感念師恩，珍惜情誼

回憶在李中的時光，鄭樂恆特別感念學校重視人際交流的氛圍：「李中不是以成績來評判學生，而是注重師生、同學之間的友好交流。」談及老師，他滿懷感激：中文老師的細心批注、英文老師的耐心指導、數學老師的啟發教學、物理老師的引領探索、資訊老師的知識拓展、化學老師的支持鼓勵，都是他青春中珍貴的記憶。

珍惜當下，不負韶華

最後，鄭樂恆建議學弟妹減少觀看無實質幫助的短片，善用寶貴時間。「歲月不居，時節如流」，六年的中學時光轉瞬即逝，但只要珍惜每個學習機會、每段友情、每次師長的教誨，把握好每一個今天，就能為明天奠定堅實的基礎。

採訪：2B胡曉盈、4D徐佳怡  
撰文：4D徐佳怡



鄭樂恆足本訪問



鄭樂恆 (中) 與記者徐佳怡 (左) 及胡曉盈



## 善用優勢 勤勉致勝 楊世智的理科征途

楊世智，2025年DSE考獲30分佳績，  
入讀香港理工大學醫療化驗科學(榮譽)理學士課程。

發揮所長，選理深耕

楊師兄在文憑試中選修物理、進階數學等理科科目，談及選科原因，他表示自己對數字特別敏感，因此選擇需要大量計算與填表能力的科目，希望充分發揮這項優勢，在文憑試中取得佳績。

突破瓶頸，勤奮為鑰

備考期間，楊師兄同樣曾遇低谷。尤其在考前自學假期時，物理、化學成績陷入停滯，難以提升，令他一度因擔心無法達成目標而憂慮。但他始終相信「勤能補拙」，透過反覆練習歷屆試題，擴大知識儲備，以堅持不懈的態度克服難關，最終突破學習瓶頸。

溫暖相伴，激勵前行

被問及如何保持溫習動力，楊師兄特別感謝身邊眾人的支持。他常與朋友結伴溫習，無論在自修室或學校，彼此指導過程中都能獲得啟發。家人默默關懷，如一盤水果、一碗熱湯，都成為備考路上的暖心陪伴。此外，老師們持續督促溫習、批改試卷，他幽默形容老師「轟炸式」的關心，實則蘊含深厚期望，認為老師的付出值得被更多人看見。

採訪：2B胡曉盈、4D徐佳怡

撰文：4D徐佳怡



楊世智 (左) 與數學科陳超元老師

## 銖積寸累為要策 獨具慧眼見真章 中文狀元周美吟分享學習心得

周美吟，2025年DSE考獲30分，  
中國語文科更考得5\*\*佳績。  
入讀香港理工大學職業治療學(榮譽)理學士課程。

寫作要脫俗出新，靈感與構思缺一不可。周同學分享了她積累素材、激發創意的要訣：閱讀中積累，厚積薄發

周同學認為，閱讀是靈感的重要來源。透過廣泛閱讀，既能積累豐富詞句，更能學習他人的構思與表達。她舉例，若書中取材令人印象深刻，便可納入個人素材庫；若內容觸發對現實的聯想，更可借鑒其敘述方式，形成獨特構思。

此外，閱讀有助掌握不同文體特色：如記敘文如何細化描寫、議論文如何精準表達觀點。這些積累能顯著提升段落安排與文章構思的能力。

觀察中感悟，見微知著

除了閱讀，周同學強調要多觀察生活細節。無論是行人舉止或環境變化，皆可成為寫作素材。她認為，觀察不僅提供素材，更能鍛鍊見微知著的能力。對生活現象的反思可增加文章深度，真實見聞則使文字更貼近人心，引發共鳴。

寫作小貼士

周同學分享兩個實用習慣：一是在每段完成後回顧題目，確保緊扣主題；二是在段落間預留空白，方便後續補充修改。

採訪：4C周美茜、2C郭星語

撰文：4C周美茜



周美吟 (右) 與中文科李婉瑩老師